

1 **Title:** Artisanal and farmer bread making practices differently shape fungal species community  
2 composition in French sourdoughs

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4 **Running title:** Bread making practices as a driver of yeast species community composition

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## 36 Abstract

37 Preserving microbial diversity in food systems is one of the many challenges to be met to  
38 achieve food security and quality. Although industrialization led to the selection and spread of specific  
39 fermenting microbial strains, there are still ongoing artisanal processes that may allow the conservation  
40 of a wider species and genetic diversity. We examined whether the diversity of artisanal practices could  
41 lead to an increased level in fungal species diversity for bread making. We used an interdisciplinary  
42 participatory research approach including bakers, psycho-sociologists and microbiologists to analyze  
43 French bread making practices and describe fungal communities in naturally fermented sourdough of  
44 27 bakers and 12 farmer bakers. Bread making practices were classified in two groups: the farmer-like  
45 practices group and the artisanal-like practices group. The well-known bakery yeast, *Saccharomyces*  
46 *cerevisiae*, was dominant (i.e. with a relative abundance over 50%) in only 24% of sourdoughs while  
47 other yeast species belonging to the *Kazachstania* genus were dominant in 54% of sourdoughs. Bread  
48 making practices were found to drive the distribution of fungal species across sourdoughs. The most  
49 striking bread making practice effect was the occurrence of *Kazachstania humilis* in sourdoughs made  
50 with artisanal-like practices and the occurrence of *Kazachstania bulderi* in sourdoughs made with  
51 farmer-like practices. Phenotypic divergences between sourdough and non-sourdough strains were  
52 found for *K. humilis* but not for *K. bulderi*. Overall, our results showed that preserving bread making  
53 practice diversity allows the preservation of a higher species and phenotypic diversity in microbial  
54 communities.

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## 57 Introduction

58 Humans started to ferment food before the Neolithic using naturally fermenting microbial  
59 communities. In the 19<sup>th</sup> century, the industrialization and the increase of knowledge in microbiology  
60 resulted in changes in fermented food practices with the use of starters. This selection led to a reduction  
61 in species diversity and genetic diversity for fermented food processing and limited *in situ* conservation  
62 of microbial communities in industrialized systems [1–3]. Domestication of the yeast *Saccharomyces*  
63 *cerevisiae* for the production of beer, wine, cheese, leavened bread, that of the fungi *Penicillium*  
64 *roqueforti* or *Penicillium camemberti* for cheese production or that of the fungus *Aspergillus oryzae* for  
65 rice or soybean fermented products are well studied cases [1–10]. The recent renewed interest in  
66 artisanal practices that make use of naturally fermenting microbial communities could promote the  
67 conservation of microbial diversity. However, the effect of artisanal practices on the distribution of  
68 microbial species **across sourdoughs** remains poorly documented.

69 Among fermented foods, bread is still a symbol deeply engrained in the history, religious rites  
70 and medicine of several cultures. **Bread** likely originated 14 000 years ago, suggesting that bread was  
71 made long before plant domestication [11]. Since the Neolithic, bread history is intimately **associated**  
72 with the **domestication** of cereals, bread making associated tools and the advent of Mediterranean  
73 civilizations [12]. **Investigation of the morphology of plant remains which were incorporated in**  
74 **Neolithic bread identified wheat, barley, millet, linseed [12]**. Leavened bread was traditionally made  
75 with flour, water and a fermenting agent, which was either a fermenting beverage or a fermenting dough,  
76 called sourdough. This sourdough was generally initiated from a mixture of flour and water, naturally  
77 colonized by lactic acid bacteria (LAB) and yeasts. Sourdough was then either maintained **over time** or  
78 initiated again and again, depending on the craftsman [13, 14]. In the 19<sup>th</sup> century, the use of  
79 yeast starters made of *S. cerevisiae*, often called « baker's yeast », spread as an alternative to sourdough.  
80 Nowadays, *S. cerevisiae* industrial starters are more frequently used than sourdoughs, although the latter  
81 are gaining interest. A recent study showed that industrial populations of *S. cerevisiae* have followed a  
82 different evolutionary path than sourdough populations of *S. cerevisiae* [10]. Both have been

83 domesticated by humans **which have** improved their fermentation performance in a sourdough-  
84 mimicking medium. Industrial and sourdough strains of *S. cerevisiae* differ genetically and  
85 phenotypically, indicating that sourdough use contributes to the conservation of bread related *S.*  
86 *cerevisiae* lineages [10].

87       Beyond *S. cerevisiae*, sourdough can also host other yeast species. **Yeasts, whether ascomycetes**  
88 **or basidiomycetes, are generally characterized as fungi, that asexually reproduce by budding or fission,**  
89 **which results in growth that is comprised mainly of single cells. Their sexual states are not enclosed in**  
90 **fruiting body.** To date, more than 40 yeast species have been detected in sourdough [1, 15, 16]. The  
91 most frequently encountered species are *Wickerhamomyces anomalus* and *Kazachstania humilis*.  
92 Several other species in the genus *Kazachstania* (*Kazachstania barnettii*, *Kazachstania exigua*,  
93 *Kazachstania bulderi*, *Kazachstania unispora*) as well as several species in the polyphyletic genus  
94 *Pichia* have also been recurrently detected. The factors that determine the **presence in sourdough** of  
95 these species are still unknown. A recent large-scale study of 500 sourdoughs from four continents found  
96 no effect of geography or factors related to bread making practices such as age of sourdough, storage  
97 location, feeding frequency, **or** grain intake [17]. However, most of the sourdoughs in this study were  
98 made by private citizens who probably did not maintain the sourdough microbial community in the same  
99 way as professional bakers. To our knowledge, no studies have been conducted to date to investigate  
100 the effect of bakers' bread making practices on sourdough yeast community composition.

101       In France, sourdough breads are made both by bakers and farmers who also grow and mill their  
102 own wheat. The number of farmer-bakers has increased in the 2000s with two motives: to grow wheat  
103 varieties meeting their needs and to assert their independence from industry [18]. Although farmer-  
104 bakers are less numerous than bakers, they participate in the renewed interest in local wheat varieties  
105 and artisanal know-how, which may contribute to the conservation of both socio-cultural diversity and  
106 microbial diversity.

107            Here, we used a participatory research approach involving psycho-sociologists, biologists, bio-  
108 statisticians, bakers and farmer-bakers to study whether and how bakers and farmer-bakers contribute  
109 to the preservation of socio-cultural and fungal species diversity in sourdough microbial community.

## 110 **Materials and methods**

111 A total of 27 bakers and 12 farmer-bakers participated to the study. They were all making bread with  
112 organic flour except five. All of them sent sourdough to the lab for microbiological and metabolic  
113 analysis. Among them, 36 described their bread making practices as well.

### 114 **A questionnaire survey, face-to-face interviews and focus-groups to collect bread** 115 **making practices**

116 Data on bread making practices were collected through a questionnaire survey, interviews and focus  
117 groups. The collected variables were related to *i*) the ingredients origin : wheat varieties types (ancient  
118 populations also called landraces / modern varieties), whether they produced flour from their own wheat,  
119 whether they had their own mill or use an external mill, water origin, *ii*) the sourdough recipe: its age,  
120 its hydration state, the origin of the chief sourdough (sample of dough or sourdough), the number of  
121 back-sloppings before bread making and per week, the temperature of water used for back-sloppings,  
122 *iii*) their bread making practices: the number of bread makings per week, the percentage of sourdough,  
123 flour and salt in bread dough, the kneading methods, the total duration of fermentation and the addition  
124 of baker's yeast in dough.

### 125 **Sourdoughs samples, enumeration and strain isolation**

126 Sourdoughs were collected before kneading and referred to as final sourdoughs (Table S1). On the day  
127 of collection, they were sent to the lab where yeast and bacteria were enumerated and isolated as in [19,  
128 20], and sourdoughs stored at -20°C in sterile vials for non- culture based analysis. Ethics and rights  
129 associated with sourdough collection and strains isolation have been respected.

### 130 **Sourdough acidity and metabolic analyses**

131 For each sourdough, three independent 1-g replicates were analyzed. pH and Total Titrable Acidity were  
132 measured as described in [20]. Organic acids, alcohol and sugars concentrations (expressed as g/kg of  
133 sourdough) were analyzed by liquid chromatography using an HPLC HP 1100 LC system (Agilent  
134 technologies, Santa clara, CA, USA) equipped with a refractive index detector (RID Agilent G1382A)  
135 and a UV detector (Agilent G1314A). Two different columns were used, a Rezex ROA-organic acids  
136 column and a Rezex RPM-monosaccharide column (SDVB – Pb+2 8%, 300x7.8mm, Phenomenex,  
137 Torrance, CA, USA). The details of the experiments are described in supplementary information  
138 (Method S1).

### 139 **Yeast species identification**

140 The Internal transcribed spacer 1 (ITS1) ribosomal DNA of each 1216 yeast isolates was amplified by  
141 PCR from chromosomal DNA, either by using primers ITS1F and ITS2 [21, 22], or primers NSA3 and  
142 58A2R [19, 22]. For isolates unidentified with the ITS1 region alone, DNA was extracted **with the**  
143 **MasterPure yeast DNA purification kit** (Epicentre, Epibio). PCR reactions targeting partial genes, the  
144 D1D2 region of the large subunit of rRNA (LSU), a part of the RNA polymerase II large subunit  
145 encoding gene (*RPB1*), a part of the RNA polymerase II encoding gene (*RPB2*), a part of the actin  
146 encoding gene (*ACT1*) and **transcriptional elongation factor** (TEF) were performed. To discriminate  
147 three specific isolates, PCR on genes *GHD1*, *FSY1*, *URA3*, *DRC1*, *MET2* were performed [23–26]  
148 (Table S2). All PCR products were sent to be sequenced with Sanger sequencing (Eurofins, Germany).  
149 Species were identified using NCBI [27], YeastIP [28] and a personal database, which was constructed  
150 after *ITS1*, *RPB2*, LSU sequencing of all 33 yeast species reportedly found in sourdoughs in the literature  
151 [19].

## 152 **Sourdough DNA extraction, MiSeq sequencing, bioinformatics**

153 The ITS1 region was targeted with the PCR primers ITS1-F (5'- CTTGGTCATTTAGAGGAAGTAA -  
154 3') and ITS2 (5'-GCTGCGTTCTTCATCGATGC-3').

155 The sequencing run was performed with MiSeq Reagent Kit v3. 2015 [20]. Sequences were analyzed  
156 through FROGS “Find Rapidly OTU with Galaxy Solution” [29] and home-made pipelines. Overlapped  
157 reads were merged with Flash [30] with a minimum overlap of 10 nucleotides, a maximum overlap of  
158 300 nucleotides and a maximum mismatch density of 0.1. Primers were removed with Cutadapt [31]  
159 and data were cleaned with Sickle with quality-threshold and length-threshold equal to 20 [32]. Reads  
160 were clustered with Swarm (d=3) [33] and chimeras deleted with VSEARCH [34]. Sequences were then  
161 filtered on minimum abundance of 0.005% of all sequences. From the OTU abundance table and for  
162 each OTU, the taxonomic affiliation using UNITE Version 7.1, Release 2016-11-20 [35], YeastIP [28]  
163 and our own databases [19] was obtained by blasting OTUs representative sequences against each  
164 database.

## 165 **Phenotypic analysis of yeast strains**

166 Fermentation performance of the two most frequently encountered *Kazachstania* species was assessed  
167 as described in [10] for *S. cerevisiae*. Fifteen sourdough strains of *K. bulderi* and 16 sourdough strains  
168 of *K. humilis* were included in the analysis. *Kazachstania bulderi* strains were coming from sourdoughs  
169 B4, B12, B15, B17 B20, B21, while *K. humilis* strains were coming from sourdoughs B2, B5, B6, B7,  
170 B10, B17. From one to three strains per sourdough were analyzed in the experiment. In addition, four  
171 strains of *K. bulderi* (strain MUCL 38021 isolated from silage in Namur, Belgium, strain MUCL 54694  
172 isolated from silage in Erezée, Belgium, strain NRRL Y-27205 and strain CLIB 604 isolated from maize  
173 silage in the Netherland) and three strains of *K. humilis* (strain CBS 7754 isolated from food dressing,  
174 strain CLIB 1323 isolated from bantu beer, and strain CBS 2664 isolated from alpechin) which were  
175 coming from non-sourdough habitats, were added as control to test the effect of habitat of origin. Each  
176 strain was phenotyped at least in triplicate leading to a total of 145 fermentations distributed over two



177 blocks. Briefly, fermentations were carried out at 24 °C with constant magnetic stirring (300 rpm) during  
178 24 h. CO<sub>2</sub> release was measured by weight loss every 40 min using an automated robotic system [36].  
179 At the end of fermentation, population size and cell viability were determined by flow cytometer (C6  
180 cytometer, Accuri, BD Biosciences) as described in [37].

181

## 182 **Data analyses**

183 **A** multiple correspondence analysis (MCA) and hierarchical clustering (complete linkage clustering  
184 method) on principal components based on the first two axes of the MCA were performed using the  
185 FactoMineR R package [38].

186 To analyse fungal community, weighted Unifrac distances between sourdough communities were  
187 computed from a rooted phylogenetic tree based on the OTU sequences using the R-packages Phyloseq  
188 and GUniFrac [39, 40]. Phylogenetic sequences were aligned with Clustalo and phylogenetic trees were  
189 built with the parsimony algorithm, with 100 replicates bootstraps, pairwise ktuple-distances with  
190 Seaview [41]. **The results presented in the main text were obtained using the phylogenetic tree rooted**  
191 **on the OTU identified as *Sporidiobolales species*.** Different roots were tested. The roots were chosen  
192 **among the OTUs that were affiliated to the most distant taxa (*Sporidiobolales species*, *Bullera***  
193 ***globospora*, *Trichosporon asahii*, *Udeniomyces pyricola*).** Tree architecture did not change with the  
194 root. The tree did not fit the expected phylogeny and, notably, some *Ascomycota* were **located** among  
195 the *Basidiomycota*. However, the dominant sourdough species belonging to the *Saccharomycetaceae*  
196 family were clustered **in the** expected clades or subclades, except that *Kazachstania servazzi* and  
197 *Kazachstania unispora* were grouped in a clade closer to *Saccharomyces* species than to other  
198 *Kazachstania* species. Using the Unifrac distances matrix, we performed a **principal coordinate analysis**  
199 (PCoA) and clustered sourdough communities using the first two axes of the PCoA, and the complete  
200 linkage clustering method (hclust R function). To check the sensitivity of our analysis to this  
201 misclassification, we performed the same analyses without the sourdoughs that had one misclassified

202 species representing more than 10% of their reads, *i.e.* sourdoughs B20, B41, B42, and B44 and found  
203 the same clustering [40].

204 For each sourdough, the species richness, Chao1, Shannon and Simpson indexes were computed. **Chao1**  
205 **was used as an indicator of species richness corrected by the number of OTUs present in the community**  
206 **but not observed.** Shannon and Simpson **index** values were converted to the effective number of species  
207 per sourdough. This number was estimated from the Shannon diversity index as  $exp^{Shannonindex}$  and  
208 from the Simpson diversity index as  $\frac{1}{1-Simpsonindex}$  [42, 43]. For probability estimates, the exact 95%  
209 confidence intervals were computed using a binomial distribution.

210 **To study the links between  $\beta$ -diversity and differences in bakery practices, we performed a**  
211 **permutational multivariate analysis of variance (PERMANOVA) on the Unifrac distance matrix for**  
212 **each bakery practice variable. We included in the analysis sourdough fungal communities of the 30**  
213 **bakers** who had less than 8 missing values among the 29 bread making practices variables and adjusted  
214 the p-value using **false discovery rate** method correction to account for multiple testing [44]. **In addition,**  
215 **we performed independence exact Fisher tests between fungal community PCoA groups** and each of the  
216 bread making practices variables. Multiple testing was accounted for using the false discovery rate  
217 method [44].

218 **In addition, we tested** the link between the baker practices group, the fungal community group or the  
219 yeast dominant species and the variation of each quantitative variable (microbial density, pH, TTA,  
220 metabolite concentration) with the following mixed effect model:  $Y_{ijk} = \mu + \alpha_i + B_j + \varepsilon_{ijk}$  with  $\varepsilon_{ijk}$   
221  $\sim N(0, \sigma^2)$ , where  $\alpha_i$  is the effect of the fungal community group  $i$  modelled as a fixed effect and  $B_j$  is  
222 the effect of sourdough  $j$  modelled as a random effect and  $k$  represents the measurement replicates. For  
223 sourdough hydration rate, the variable was arcsin transformed but sourdough effect was not included in  
224 the model because no repetition was obtained from any sourdough. The model parameters were  
225 estimated using the lmerTest R package [45]. To test the fixed effects, we used likelihood ratio tests.  
226 Multiple comparisons of means were performed using Tukey tests with the multcomp package. p-values

227 were all adjusted for multiple testing with the FDR method. The geographical structuration was tested  
228 with a Mantel test on the Unifrac distances matrix and the geographical distances matrix computed with  
229 the package geosphere [46] and ade4 [47].

230 **The** phenotypic diversity of *K. bulderi* and *K. humilis* strains coming from sourdough and non-  
231 sourdough habitats were analyzed. Population size and mortality rate after 27h of fermentation measured  
232 by flow cytometer were used as **proxies** for absolute fitness. The cumulative CO<sub>2</sub> production curve was  
233 calculated and the kinetics of CO<sub>2</sub> production rate over time was estimated by successive linear  
234 smoothing over **five** points. Four fermentation parameters were then estimated. **The maximum CO<sub>2</sub>**  
235 **release (CO<sub>2</sub>max, in g/L) was estimated by the maximum of the cumulative CO<sub>2</sub> production curve. The**  
236 **fermentation latency phase time was estimated by the time between inoculation and the beginning of the**  
237 **fermentation calculated as 1g/L of CO<sub>2</sub> release (t1g, in h). The maximum CO<sub>2</sub> production rate (Vmax**  
238 **in g/L/h) was estimated by the maximum of the CO<sub>2</sub> production rate kinetic. The time of the Vmax**  
239 **(tVmax in h) was calculated as the time between inoculation and the Vmax.** Hence, the phenotype of  
240 each strain was characterized by six quantitative variables called “phenotype variables” below: its  
241 population size, its mortality rate and the four fermentation parameters. To determine whether the origin  
242 of the strain (sourdough or non-sourdough) had an impact on strain phenotype, each log-transformed  
243 quantitative variable was analyzed separately using a mixed linear model as described below. The  
244 experimental design was unbalanced between the two blocks with very few non-sourdough strains in  
245 one of the two blocks. Therefore, for each phenotype variable, we first estimated the block effect with  
246 a subset of 8 strains cultivated in both blocks using a linear model with two fixed effects: the strain and  
247 the block. Additive models were used as the **interaction** terms were not significantly different from zero  
248 after adjusting p-values with the Benjamini-Hochberg method. Second, each phenotype variable was  
249 corrected for the block effect and analyzed with the mixed effect model:  $Y_{ijkl} = \mu + \alpha_i + \beta_j + \gamma_{ij} +$   
250  $Z_k + \epsilon_{ijkl}$  where  $Y_{ijkl}$  represents the log-transformed phenotype variable corrected for the block effect  
251 for the strain  $k$ , from species  $i$  ( $i=1,2$ ), sampled in environment  $j$  ( $j=1,2$ ), observed for replicate  $l$ .  $\mu$   
252 represents the mean of the phenotype variable,  $\alpha_i$  the additive effect of species  $i$ ,  $\beta_j$  the additive effect

253 of environment  $j$ , and  $\gamma_{ij}$  their interaction.  $Z_k$  represents the gaussian random effect of strain  $k$  with  $Z_k \sim$   
254  $N(0, \sigma_s^2)$  and  $\epsilon_{ijkl}$  the gaussian residuals with  $\epsilon_{ijkl} \sim N(0, \sigma^2)$ . For each species  $i$ , the impact of the  
255 environment was quantified using the contrast  $\Delta_i = \beta_S + \gamma_{i,S} - \beta_{NS} - \gamma_{i,NS}$  with NS standing for  
256 “non-sourdough” and “S” for “sourdough” and tests ( $H_0 = \Delta_i = 0, H_1: \Delta_i \neq 0$ ) were performed and  
257 p-values were adjusted using the Benjamini-Hochberg method. As log-transformed data were analyzed,  
258 the exponential of this contrast can be interpreted as the ratio between the sourdough mean and the non-  
259 sourdough mean. Confidence intervals and tests were performed using the doBy **R package**.

260 All statistics and plots have been done with R (ggplot2 [48], leaflet package [49], with minor esthetical  
261 adjustment with Inkscape). Data and scripts are shared on Zenodo.  
262 <http://doi.org/10.5281/zenodo.2600170>

263

## 264 **Results**

### 265 **Two groups of bread making practices**

266 A total of 39 French bakers producing natural sourdough bread and distributed all over France  
267 participated to the study (Table S1). The bread making practices of 35 of them were collected through  
268 one or several methods: personal interviews (with 12 bakers), focus groups (**three** groups), observation  
269 during bread-making workshops (**two** workshops), and an online/phone survey (36 bakers). The general  
270 process of sourdough bread making **was** presented in Figure 1. We analyzed 28 variables, describing  
271 variations of the practices at all steps of the bread making process, from wheat grains to baked bread  
272 (Figure S1). Four bakers (B6, B10, B19, B20) who did not provide enough information about their  
273 practices were excluded from the multivariate analysis. According to a hierarchical clustering on  
274 principal components (HCPC), the 32 other bakers clustered into two groups corresponding to two main  
275 types of bread making practices (Figure 2). The first group, hereafter termed “farmer-like” practices  
276 group, **included six** bakers and 11 farmer-bakers using the following practices: low bread production

277 (<500 kg per week, 81% of the bakers of the “farmer-like” group), use of **wheat landraces** (56%), manual  
278 kneading (63%), working at ambient temperature (88%), long fermentation periods (more than 4 hours  
279 for 88%), and no use of commercial baker’s yeast (88%). In addition, they tend to make their chief  
280 sourdough from dough after kneading (75%). The second group, hereafter called “artisanal-like”  
281 practices group **consisted** of 12 bakers and **four** farmer-bakers having more intensive practices,  
282 characterized by a large bread production (>500 kg per week, 81%), mechanical kneading (100%), use  
283 of modern wheat varieties (63%), working at ambient temperature (56%), using *S. cerevisiae* starters in  
284 addition to sourdough for bread making or for pastries and buns making (81%). In this second group,  
285 bakers **tended** to make their chief sourdough from a final sourdough.

## 286 **Composition of sourdough fungal communities**

287 Sourdough is a mix of flour and water naturally fermented by bacteria and yeasts. Sourdough yeast  
288 density ranged from  $8.1 \cdot 10^4$  to  $5.8 \cdot 10^8$  CFU per gram of sourdough, with a mean value of  $2.9 \cdot 10^7$  CFU  
289 per gram, as commonly found in sourdoughs from all over the world [1, 16, 50, 51]. We isolated 20 to  
290 40 yeast strains from each sourdough by picking colonies randomly and identified species using ITS  
291 sequence as well as other barcodes **when the ITS alone was not able to discriminate between closely**  
292 **related species**. Among the 39 collected sourdoughs, one (sourdough B14) did not give any colony in  
293 the laboratory, suggesting that his sourdough microbiota was no longer alive. A total of 1216 strains  
294 were characterized from the other 38 sourdoughs. In addition, we developed an ITS1 meta-barcoding  
295 MiSeq sequencing method on sourdough (see sup M&M). After filtering 5,360,620 raw ITS1 sequences  
296 for quality, abundance (0.005%) and chimera, 3,542,801 sequences were further analyzed. Overall, the  
297 sequences clustered in 113 OTUs. The number of reads per sourdough ranged from 8421 to 194,557.  
298 Therefore, we carried out our analysis on the rarefied matrix. **Among all OTUs, 10 were assigned to the**  
299 **order *Triticodae* (especially to the species *Triticum aestivum*), 50 were assigned to a filamentous fungi**  
300 **genus including plant pathogen species such as *Alternaria*, *Aspergillus*, *Fusarium*, or *Gibberella*, while**  
301 **4 OTUs remained unidentified**. Among the 40 yeast OTUs, 96% of total reads were assigned to the  
302 phylum *Ascomycota*, 87.5% to the order *Saccharomycetales* and 85.7% to the family

303 *Saccharomycetaceae*. Only 4% of the total reads were assigned to the phylum *Basidiomycota*. Overall,  
304 three OTUs assigned to the species *Kazachstania humilis*, *Kazachstania bulderi* and *Saccharomyces*  
305 *cerevisiae* represented 20.3%, 15.5% and 24.1% respectively of the total number of reads and 28.1%,  
306 23.7% and 18.2% respectively of the number of reads identified as yeast species (Figure 3).

307 Both non-culture-based and culture-based methods allowed the identification of the same dominant  
308 species (defined as a species with an over 50% frequency) for all sourdoughs but five (B09, B20, B22,  
309 B25, B41) (Figure 3). In two cases, the discrepancy was explained by the detection of *Cladosporium*  
310 **genus** at high frequency with metabarcoding while this species could not be isolated in the laboratory  
311 (Figure 3). In two other cases, it was explained by a high number of *S. cerevisiae* isolated in the  
312 laboratory compared to what was observed using metabarcoding sequencing. In the last case, the  
313 identification of *Pichia kudriavzevii* required additional sequencing as it shares an identical ITS with  
314 *Candida xylopsoci*. Because metabarcoding allows a deeper characterization of the fungal species  
315 diversity with few discrepancy cases, **the distribution of fungal species across sourdoughs** will be further  
316 described using metabarcoding data only. Previous analysis of the same sourdoughs revealed that  
317 *Fructilactobacillus sanfranciscensis* was the dominant bacterial species in all analyzed sourdoughs but  
318 two, where the dominant species was either *Latilactobacillus curvatus* or *Companilactobacillus*  
319 *heilongjiangensis* [20, 52, 53]. Therefore, we decided to study the **species composition of fungal**  
320 **community** only.

### 321 **Fungal species diversity within and between sourdoughs**

322 All sourdoughs but two had a dominant yeast species with a relative abundance over 50% and  
323 many species with a lower relative abundances (Figure 3). Within sourdoughs, fungal species richness  
324 ranged from 10 to 33, with a **23** median (Table S3). The effective number of species per sourdough  
325 calculated from the Shannon diversity index ranged from 1 to **7** (Table S3), with 70% of sourdoughs  
326 having an index below two (Table S3). **The bread making practice group (artisanal-like/farmer-like) did**  
327 **not influence significantly the level of fungal  $\alpha$ -diversity in sourdough (Wilcoxon rank exact test,**  
328  **$W_{shannon} = 156$ ,  $p\text{-value} = 0.16$ ,  $W_{simpson} = 165$ ,  $p\text{-value} = 0.08$ ).** Between-sourdough  $\beta$ -diversity

329 were analyzed using weighted Unifrac distances, computed from a phylogenetic tree built from the  
330 distances between OTUs using *Sporidiobolales* species as root (Figure S2). Unifrac distances computed  
331 with four differently rooted trees were highly positively correlated (Figure S3). Unifrac distances  
332 between sourdoughs ranged from 0.0005 and 0.71, with a median of 0.49 and a mean of 0.52. The  
333 clustering of sourdoughs according to their Unifrac distances is shown Figure 5. There was no significant  
334 correlation between the Unifrac distances and geographical distances between sourdoughs (Mantel test,  
335  $P=0.35$ ).

336 We then analyzed specifically the occurrence of yeast species in sourdoughs as yeasts, together  
337 with lactic acid bacteria, are the main functional players in a sourdough ecosystem and for bread quality.  
338 Over the 40 yeast species detected in the 38 sourdoughs, 12 had a relative abundance over 50% in at  
339 least one sourdough, four had a relative abundance between 20% and 50% and 24 had a relative  
340 abundance below 10%. All dominant species (relative abundance over 50%) were fermentative yeast  
341 species, except in one sourdough that had a *Cladosporium* species. We found all the sourdough yeast  
342 genera (*Saccharomyces*, *Kazachstania*, *Pichia*, *Torulaspora* and *Hyphopichia*) commonly reported in  
343 the literature except the *Wickerhamomyces* genus that we did not detect in our samples [1, 15, 16].

#### 344 **The baker's yeast species, *Saccharomyces cerevisiae* is not the most widespread yeast** 345 **species in French organic sourdoughs**

346 *Saccharomyces cerevisiae* was found in 53% of all sourdoughs (95% confidence intervals=36%  
347 - 69%) but was dominant (relative abundance over 50%) in only 24% (95% confidence intervals=11%  
348 - 40%) (Figure 3). In two cases, *S. cerevisiae* co-occurred with another yeast species at similar relative  
349 abundance. In the first case, *S. cerevisiae* was present at a relative abundance of 40% with *Candida sake*  
350 at a 41% relative abundance. In the second case, it was found at a relative abundance of 47% with *Pichia*  
351 *kudriavzevii* at a relative abundance of 52%. In all the other cases, *S. cerevisiae* had a relative abundance  
352 below 21% and was found with other dominant yeast species, such as *Kazachstania australis*,  
353 *Kazachstania humilis*, *Saccharomyces uvarum* or *Torulaspora delbrueckii*. This suggests that *S.*  
354 *cerevisiae* did not displace other species and can indeed be out-competed by other species in sourdoughs.

## 355 **Sourdough yeast species mostly belong to the *Kazachstania* genus**

356 *Kazachstania* was the most represented yeast genus over all sourdoughs, when considering both the  
357 number of reads over all sourdoughs and the number of detected species. This genus represented 57%  
358 of the total number of reads while *Saccharomyces* represented 26% of the total number of reads. In  
359 addition, eight species of the *Kazachstania* genus were found in sourdough, while the *Saccharomyces*  
360 genus was represented by two species (*S. uvarum* and *S. cerevisiae*) (Figure 3). The *Kazachstania* genus  
361 is one of the closest genetically related genus to *Saccharomyces* and contained Crabtree positive yeasts,  
362 able to ferment glucose even when oxygen is present if the amount of sugar is sufficient (Hagman &  
363 Piskur 2015). *Kazachstania* species dominated in 54% (95% confidence intervals=36%-69%) of  
364 sourdoughs while *Saccharomyces* species dominated in 27% only (95% confidence intervals=13%-  
365 43%). *Kazachstania humilis*, followed by *K. bulderi* were the most commonly dominant *Kazachstania*  
366 species, and found in respectively 21% (95% confidence intervals=10%-37%) and 15% of sourdoughs  
367 (95% confidence intervals=6%-31%) (Figure 3). A recently described *Kazachstania* species,  
368 *Kazachstania bozae*, was also identified in five sourdoughs (4.5%-29%) and found dominant in three  
369 (1.7%-22%) [64]. Strains of this species were closely related to a strain previously isolated from boza,  
370 a Bulgarian fermented drink, as estimated with ITS and LSU (D1D2) barcodes (Source: NCBI,  
371 GenBank: KC118125.1 and KX369579.1). In addition, *Kazachstania saulgeensis*, a recently described  
372 species [65, 66], was dominant in one sourdough (0.07%-14%). *Kazachstania unispora* and  
373 *Kazachstania servazzi* which had previously been detected in sourdough were also found [17, 17, 53,  
374 57, 58, 63, 67–71]. **Some** *Kazachstania* species were detected for the first time as dominant in  
375 sourdoughs, whereas they had been previously found in other environments, like soil (*K. australis*),  
376 sauerkraut (*K. barnettii*) [72–74]. None of the previous studies on sourdough have **observed** as many  
377 *Kazachstania* species in sourdough.



378 **The composition of sourdough fungal communities was associated with differences in**  
379 **bread making practices**

380 We tested whether sourdough fungal community beta diversity could be explained by bread making  
381 practices. To do so, we performed univariate PERMANOVA analysis on the 30 bakers with fewer than  
382 8 missing values for the 29 bread making practices variables (Table S4). The univariate analysis revealed  
383 that the weighted Unifrac distance was structured according to the use of commercial yeast in bakery  
384 ( $P < 0.05$ ). It also varied significantly with sourdough age, chief sourdough origin (dough, sourdough or  
385 both), the quantity of bread produced per week, the milling method (cylinder, millstone, Astrie, Tyrol),  
386 the type of wheat variety (ancient, modern or a mix thereof) and the fermentation duration. However,  
387 after FDR correction for taking into account multiple testing, none of these variables significantly  
388 explained Unifrac distances.

389 In order to understand further the relationship between sourdough fungal community composition  
390 and bread making practices, we clustered sourdoughs according to their fungal community composition,  
391 on the basis of the PCoA of their weighted Unifrac distances. Then, we tested the link between the  
392 fungal community group and the bread making practice group (farmer/artisanal practices group) as well  
393 as the link between the fungal community group and each of the different bread making practices (Figure  
394 5). Sourdoughs were clustered into three fungal community groups. Group 1 encompassed all  
395 sourdoughs (but two) having *Kazachstania* species as dominant species (*K. humilis*, *K. barnettii*, *K.*  
396 *bulderi*, *K. saulgeensis*, *K. bozae*). Group 2 contained sourdoughs with *Saccharomyces* sp., *K. servazzi*  
397 or *K. unispora* as dominant species. Group 3 harbored sourdoughs with *S. cerevisiae* together with other  
398 species such as *Pichia kudriavzevii*, *Candida sake*, or a Dipodascaceae sp. Group 1 sourdoughs were  
399 mostly made by bakers having farmer's bread making practices while group 2 and group 3 sourdoughs  
400 were mostly made by bakers using artisanal practices (exact Fisher test,  $P = 0.035$ ). The fungal  
401 community groups were significantly associated with two specific bread making practice variables: the  
402 quantity (in kg) of bread made per week (Exact Fisher test,  $P = 0.001$ ) and the use of commercial yeast  
403 (Exact Fisher test,  $P = 0.05$ ). All sourdoughs in group 2 but one were found in bakeries making between

404 500 kg and 1000 kg of bread per week, while groups 1 and 3 sourdoughs originated from bakeries  
405 producing very different amounts of bread (ranging from amounts below 250 kg to over 1000 kg). In  
406 addition, group 1 sourdoughs were more frequently found in bakeries that do not use commercial yeast  
407 while groups 2 and 3 were more frequently found in bakeries using the commercial yeast *S. cerevisiae*  
408 (Exact Fisher test, P=0.01). Interestingly, group 1 sourdoughs harbored *S. cerevisiae* either at a relative  
409 abundancy below 1% or not at all, while all groups 2 and 3 sourdoughs had *S. cerevisiae* at a relative  
410 abundancy over 20%, except in three cases where it was either absent or at a relative abundancy below  
411 6%.

412 To test more specifically the link between bread making practices and the distribution of  
413 *Kazachstania* species, we analyzed more in-depth group 1 sourdoughs. Within this group, **eight**  
414 sourdoughs had *K. humilis* as dominant species, **six** had *K. bulderi*, **three** had *K. bozae* and the remainder  
415 had still other *Kazachstania* species. All sourdoughs made with artisanal practices carried *K. humilis* as  
416 dominant species or, in one case, the *K. bozae*. By contrast, sourdoughs made with farmer practices had  
417 as dominant species *K. bulderi*, *K. australis*, *K. barnettii*, *K. saulgeensis* or *K. bozae* (exact Fisher test,  
418 P=0.004).

419

## 420 **Fungal community composition was partly related to sourdough acidity, maltose** 421 **concentration and hydration**

422 The composition of fungal community may affect sourdough metabolic content (sugars, acids, alcohols)  
423 via fungal strains metabolite consumption and production. Inversely, the presence and concentration of  
424 different compounds (sugars, acids, alcohols) may affect differently the fitness depending on the strains  
425 and consequently be one of the drivers of fungal community composition. For example, lactic acid  
426 bacteria (LAB) are the main producers of acidity in sourdough, but yeasts also produce acetic acid and  
427 also indirectly affect acidity through positive or negative interaction with bacteria.

428 To investigate the relation between sourdough fungal communities and metabolic compounds, we  
429 quantified sourdough hydration, yeast density, bacteria density, sourdough pH, total titrable acidity  
430 (TTA), sourdough concentration in seven sugars (maltose, glucose, fructose, raffinose, arabinose,  
431 mannose, xylose), four alcohols (glycerol, ethanol, mannitol, meso-erythritol), six acids (lactate,  
432 acetate, glutarate, pyruvate, malate, succinate) and calculated the fermentative quotient (lactate over  
433 acetate ratio). For each variable, there was a wide range of variation (Table S5). The principal component  
434 analysis based on all variables showed no evidence of sourdough grouping (Figure S4). As expected in  
435 fermentation, yeast density was positively correlated to ethanol ( $r=0.74$ ,  $P<0.001$ ), glycerol ( $r=0.67$ ,  
436  $P<0.001$ ), and acetate ( $r=0.6$ ,  $P<0.001$ ) concentration. However, it was not significantly correlated to  
437 sugar concentrations. This might be explained by the co-occurrence of bacteria which have their own  
438 metabolism and interact by competition and/or cross feeding with sourdough yeasts.

439 We then tested whether the variation of each quantitative variable was associated with the bread  
440 making practices groups (farmer-like practices and artisanal practices). There was no significant effect  
441 of the bread making practice group except for sourdough hydration that was significantly higher in  
442 sourdoughs made using farmer-like practices ( $F_{1,94}=11.69$ ,  $P<0.001$ ). On average, sourdoughs made with  
443 farmer-like practices had 55% water while sourdoughs made with artisanal-like practices had in average  
444 49% of water.

445 In addition, we tested whether variations in quantitative variables were associated with the fungal  
446 community groups (Table S5). Group 3 microbial community sourdoughs (defined by PCoA clustering  
447 on Unifrac distance, see below), which contains *S. cerevisiae* in co-dominance with a second yeast  
448 species (*Candida sake*, *Pichia kudriavzevii* or a *Dipodascus* species), had a significantly higher mean  
449 pH (mean  $\text{pH}_{\text{group3}}=4.2$  against  $\text{pH}_{\text{group1}}=3.8$ , Tukey Contrasts,  $P<0.001$ ), lower TTA (mean TTA  
450  $\text{group3}=7.7$  against  $\text{TTA}_{\text{group1}}=17.1$ , Tukey Contrasts,  $P=0.002$ ), and a higher maltose concentration (mean  
451  $\text{Maltose}_{\text{group3}}=52.8$  mg/gr of sourdough against  $\text{Maltose}_{\text{group1}}=24.1$  mg/gr of sourdough, Tukey  
452 Contrasts  $P=0.002$ ) than group1, having a *Kazachstania* dominant species. Compared to group 2 having  
453 in most cases *S. cerevisiae* as dominant species, it also had higher pH ( $\text{pH}_{\text{group2}}=3.9$ , Tukey Contrasts,

454 P=0.003), and higher maltose concentration (Maltose<sub>group2</sub>=23.7, Tukey contrast, P=0.003). These data  
455 may reflect a lower fermentative activity for group 3 fungal community having two co-dominant species,  
456 and/or a negative interaction effect of group 3 fungal community on the activity of lactic acid bacteria  
457 (LAB), which are the main producers of sourdough acids. Previous studies on the bacteria content of  
458 the same sourdoughs showed that *F. sanfranciscensis* was most generally the dominant species, although  
459 *C. heilongjiangensis*, *L. curvatus* or *Levilactobacillus brevis* were also found as dominant species [20,  
460 52, 53]. We found no significant correlation between LAB and yeast densities ( $r = -0.15$ ,  $p = 0.45$ , Figure  
461 S4) but the link between fungal and bacterial community might be species and strains dependent.  
462 Additional studies on the interactions between fungal and bacterial communities need to be performed  
463 to better understand how they may drive sourdough acidity and sugar content.

464 We also analyzed whether the variations of each quantitative variable was associated with the  
465 dominant yeast species. We only considered the 26 sourdoughs having either *S. cerevisiae* (9  
466 sourdoughs), *K. humilis* (8 sourdoughs), *K. bulderi* (6 sourdoughs) or *K. bozae* (3 sourdoughs) as  
467 dominant species, since the other yeast species were found dominant only once. The differences in  
468 dominant species was not significantly associated to variation in sourdough sugar, acids or alcohol  
469 concentration. However, on average, sourdoughs dominated by *K. bulderi* were more hydrated (63%  
470 water content in average) than sourdoughs dominated by *K. humilis*, *K. bozae*, and *S. cerevisiae*, having  
471 respectively 49%, 47%, 53 % water content in average ( $P < 0.001$  for the 3 Tukey Contrasts).  
472 *Kazachstania bulderi* was found to be dominant only in sourdoughs made using farmer-like practices, a  
473 bread making practice group that was also found to be associated with more hydrated sourdoughs.  
474 Additional experiments should be carried out to test whether this species has indeed a better fitness in  
475 more hydrated sourdoughs or whether its presence in more hydrated sourdoughs is related to covariation  
476 with other farmer practices.

477 In conclusion, no clear evidence was found of the impact of bread making practices or of the  
478 dominant yeast species on the metabolic composition of sourdough. On the other hand, our results  
479 showed metabolic differences between sourdoughs having one or two co-dominant yeast species.

## 480 **Phenotypic signatures of domestication**

481 A previous analysis on *S. cerevisiae* revealed that sourdough strains had higher average fitness and  
482 fermentation performance than strains from other environments in a sourdough-mimicking medium  
483 [10]. Here, we investigated whether evidence of a domestication syndrome could also be found in *K.*  
484 *humilis* and *K. bulderi*, the two *Kazachstania* species most commonly found in French sourdoughs. We  
485 tested whether fitness (log of population size and mortality at the end of fermentation) and fermentation  
486 performance (CO<sub>2</sub>max, V<sub>max</sub>, t<sub>1g</sub>, tV<sub>max</sub>) differed between sourdough strains and strains from  
487 elsewhere.

488 A principal component analysis of 38 strains of *K. bulderi* and *K. humilis*, based on quantitative variation  
489 in the six phenotypic variables described below was carried out. The first two axis explained 80.5% of  
490 the variation and clearly separated strains by species (Figure 6). The *K. bulderi* strains were located at  
491 the right of the PCA and were characterized by high population size and low mortality at the end of  
492 fermentation, while the *K. humilis* strains were located at the left and were characterized by a rapid onset  
493 of fermentation (t<sub>1g</sub>), high maximum fermentation rate (V<sub>max</sub>), and a short time to reach V<sub>max</sub>  
494 (tV<sub>max</sub>). Non-sourdough strains of *K. humilis* were located outside the cloud of sourdough strains while  
495 non-sourdough strains of *K. bulderi* were distributed within and outside the cloud of sourdough strains.

496 Statistical **comparisons** of sourdough and non-sourdough strains of *K. bulderi* and *K. humilis* for each  
497 phenotypic variable revealed phenotypic divergence for *K. humilis* but not for *K. bulderi*. While the *K.*  
498 *bulderi* sourdough strains did not ferment significantly faster than the non-sourdough strains, the *K.*  
499 *humilis* sourdough strains showed significantly higher V<sub>max</sub>, lower t<sub>1g</sub>, and lower tV<sub>max</sub> than the non-  
500 sourdough *K. humilis* strains (Figure 7, Table S6). On average, they started fermentation two hours  
501 before the others and reached V<sub>max</sub> three hours before the others. In addition, their V<sub>max</sub> were on  
502 average 34% higher than the others.

## 503 **Discussion**

504 Sourdough microbial diversity has been intensively studied worldwide. Despite a cultural and historical  
505 interest on bread in France, French sourdough fungal diversity was only partly characterized before this  
506 study [19, 53, 71]. A recent large-scale (> 500 starters) study of sourdough microbial diversity revealed  
507 the fungal diversity that can be detected over the globe across home-made sourdoughs [17]. All the  
508 yeast species detected at a relative abundance over 1% in this international collection of sourdoughs  
509 were detected in French sourdoughs except the species *Wickerhamomyces anomalus*, *Pichia*  
510 *membranifaciens*, *Naumovozyma castellii* and *Saccharomyces bayanus*. Inversely, French baker's  
511 sourdough harbored some yeast species that were never found elsewhere, such as *K. bozae*, *K. australis*,  
512 *K. saulgeensis* [65].

513 Beyond the genus of the baker yeast species, *S. cerevisiae*, the most represented yeast genus in French  
514 sourdough was *Kazachstania*. Eight *Kazachstania* species were found as dominant yeast species in at  
515 least one French sourdough: *K. humilis*, *K. bulderi*, *K. barnettii*, *K. unispora*, *K. servazzii*, *K. bozae*, *K.*  
516 *australis* and *K. saulgeensis*. Three *Kazachstania* species (*K. exigua*, *K. lodderae*, *K. naganishi*) already  
517 reported in sourdough were not found in our collection of French sourdough. *Kazachstania lodderae*  
518 and *K. naganishi* are rarely found in sourdough. By contrast, *K. exigua* is a frequently cited sourdough  
519 species in the literature. This species has been previously found in France, Finland [77], Italy [78, 79],  
520 Denmark [80], Ethiopia [81], USA [17] and is the first species to have been isolated from a sourdough  
521 (in San Francisco, [29]). However, its taxonomic characterization may have been hampered by the fact  
522 that it probably originated from hybridization between unknown yeast species [82]. To date, the genus  
523 *Kazachstania* is composed of more than 40 species, of which 11 are present in sourdough. It is possible  
524 that an adaptive radiation linked to the adaptation to different sourdoughs or to different anthropized  
525 niches has taken place, as it has been observed for example in cichlids during their adaptation to different  
526 lakes or in *Penicilium* domesticated fungi. Indeed, five of the *Kazachstania* species present in the  
527 sourdough have so far only been detected in human-related niches. These are *K. saulgeensis*, *K.*  
528 *barnettii*, *K. bozae*, *K. bulderi* and *K. humilis*. These species are genetically closer to each other than  
529 they are to *K. australis*, *K. servazzii* and *K. unispora* which have also been found in nature and are  
530 grouped in another part of the *Kazachstania* phylogenetic tree. Genomic analysis of these species would

531 shed light on their evolution and the genetic changes that would have been selected during potential  
532 domestication. So far, eight of the 11 *Kazachstania* species found in the sourdough have at least one  
533 genome assembly available in public databases, including *K. saulgeensis* and *K. barnettii* [44, 45], and  
534 the assemblies of *K. bulderi* and *K. humilis*, which were recently published in public databases (Bio  
535 project: PRJEB44438). The genomic and phenomic analysis of the large collection of *Kazachstania*  
536 strains obtained by our study, together with the world collection of *Kazachstania* strains, may shed light  
537 on the radiation and domestication processes of these species.

538 We found that yeast community composition was partly related with bread making practices. Bread  
539 making practice divergence also led to different phenotypic signatures. Strains of the *K. humilis* species,  
540 which was typical of sourdough made by artisanal-like practices, had **higher** fermentation rate while  
541 strains of *K. bulderi* which was typical of sourdough made by farmer-like bread making practices had  
542 not. The species *K. humilis* has been found in many countries, viz. Austria, Canada, China, Denmark,  
543 Ethiopia, Finland, Germany, Greece, Italy, Morocco, the Netherland, Spain, UK, USA, and France [1,  
544 15–17, 19, 53, 55–60]. It is also the most frequently encountered *Kazachstania* species in sourdoughs  
545 around the world. This species is therefore frequently found in bakeries, where short fermentations are  
546 often favored. This may explain why sourdough strains of *K. humilis* seem to have been selected for  
547 increased fermentation rate. Increased fermentation rate was also found in bakery strains of *S. cerevisiae*  
548 when compared to non-bakery strains.

549 In contrast, we did not find evidence for improved fermentation performance in *K. bulderi*, which  
550 was the third most represented species in French sourdough. *Kazachstania bulderi* was found in bakeries  
551 with farmer-like practices. These bakeries often bake bread once or twice a week and store their  
552 sourdough for several days. They also often use long fermentation and thus may not have selected an  
553 increased fermentation rate. Farmer-bakers typically store their sourdough for several days and therefore  
554 make a lower number of backslopping. In addition, they make bread with longer fermentation times than  
555 artisanal bakers. It is therefore possible that they did not select to accelerate the speed of fermentation  
556 and instead let natural selection in the sourdough environment act alone. Alternatively, the lack of

557 phenotypic divergence between sourdough and non-sourdough strains may reflect the limitation of our  
558 sampling. *Kazachstania bulderi* has been reported for the first time in anaerobic maize silage in the  
559 Netherlands and in fermented liquid feed for piglets [61, 62], more recently in French, Belgium and  
560 Spain sourdoughs [19, 53, 57, 63] but to our knowledge was never found in wild environment. Here, we  
561 compare sourdough strains with strains coming from silage and animal feed. It is unknown whether  
562 silage and animal feed strains are wild strains or feral strains that have escaped from other domesticated  
563 environments. This may explain why we did not detect any phenotypic divergence between sourdough  
564 and non-sourdough strains of *K. bulderi*. Other than fermentation phenotypes, there was no evidence of  
565 fitness differences between sourdough and non-sourdough strains of *K. humilis* and *K. bulderi* in  
566 sourdough mimicking media. Additional experiments in real dough should be performed to further test  
567 the effect of natural selection in this environment.

568 Other evolutionary process than selection could also explain the distribution of yeast species across  
569 sourdoughs. Interviews with the bakers working with sourdough hosting *K. bulderi* and *K. bozoe*  
570 suggested the role of dispersion of these species in French sourdoughs. Indeed, these bakers have been  
571 connected over the years either through seed exchanges, sourdough mixing or gifts, bread making  
572 training in common or working in one another's bakery. Some yeast species have been found in the  
573 bakery house environment and baker's hands and may thus be dispersed through baker's tools or baker's  
574 travels [58, 67, 75, 76]. However, it is still unclear whether wheat seeds and flour are a source of  
575 sourdough yeasts.

576 To our knowledge, this is the first evidence of the influence of artisanal practices on taxonomic  
577 diversity in microbial communities. On the other hand, several studies have shown that making  
578 fermented products could lead to the selection of divergent phenotypes and genotypes. This is the case  
579 of sourdough and industrial populations of the baker's yeast *S. cerevisiae* that diverge from each other  
580 and have a better fermentation performance than non-baker's strains. As for beer populations, sourdough  
581 populations have acquired a better capacity to assimilate maltose, linked at least in part to an increase  
582 in the number of copies of the genes involved in the assimilation of maltose. Several studies on wine



583 populations of *S. cerevisiae*, *Torulaspora delbrueckii* and *Lachancea thermotolerans* also showed that  
584 wine populations are genetically differentiated from strains from other environments and present  
585 beneficial phenotypes in grape must and for wine quality. The analysis of filamentous cheese fungi *P.*  
586 *roqueforti* and *P. camemberti* populations also revealed cheese making genetically differentiated  
587 populations. Interestingly, different genetic groups associated with different cheese making practices  
588 were found. Strains of the blue cheese fungus, *P. roqueforti*, isolated from Roquefort cheese were more  
589 diverse and were genetically and phenotypically different than strains used to make other blue cheeses  
590 [83, 84, 85]. Two varieties of the white cheese making fungus, *P. camemberti*, with different phenotypic  
591 features, were associated with different kind of cheese (camembert and brie). All together these studies  
592 show that the diversity of practices used to make fermented products allows to maintain genetic,  
593 phenotypic and taxonomic diversity.

594 However, fungal domestication also involved **strong bottlenecks**. For example, the low level of genetic  
595 diversity found in blue-cheese *P. roqueforti* strains and **soft-cheese** *P. camemberti* strains revealed the  
596 risk of diversity erosion in fermented product making [6, 7, 84]. **This risk is accentuated by fertility**  
597 **depression among fungal domesticated strains** [86]. This risk is also associated with the massive use of  
598 few industrial strains or the need to standardize products to meet the specifications of industrial  
599 production or **protected designation of origin (PDO)** [6]. Here, we show that despite the recurrent use of  
600 *S. cerevisiae* as industrial starter species in bakeries and homes, and the occurrence of this species in a  
601 wide range of habitats such as soil, trees, and humans [9, 54], this species does not appear to have  
602 overwhelmingly colonized French traditional sourdoughs (Figure 3, Figure 4). This result confirmed a  
603 recent analysis which revealed that *S. cerevisiae* sourdough strains **had** a different evolutionary history  
604 **from** industrial strains [10]. The dynamic of microbial species colonization and invasion in food  
605 environment remain largely unknown. A recent study suggested that domesticated *Penicillium* strains  
606 can evolved phenotypically in a few weeks [87]. Additional experiments at the level of microbial  
607 community will shed light on the dynamic of microbial community establishment in food production  
608 and on the ability of industrial strains to invade food microbial community.

609

## 610 **Conclusion and perspectives**

611           In conclusion, a great diversity of bread making practices and fungal community composition  
612 was found in our sample of French sourdoughs. Surprisingly, the well-known baker's yeast  
613 *Saccharomyces cerevisiae* was found dominant only in one fourth of the sampled sourdoughs. By  
614 contrast, several species of the neighboring genus *Kazachstania* were detected at high frequency,  
615 revealing a major role for this mostly unknown genus in the study of fungal domestication and in bread  
616 making. Therefore, our results highlight the necessity of maintaining socio-cultural diversity to maintain  
617 microbial diversity in food systems. These findings could not have been evidenced without the  
618 collaboration of bakers and scientists, showing the importance of participatory research projects to gain  
619 new insight into biodiversity preservation.

620

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850 **Figure Legends**

851 **Figure 1.** The sourdough bread making process. Sourdough is a mix of flour and water naturally  
852 fermented by bacteria and yeasts. It is initiated by mixing flour, water and occasionally other ingredients.  
853 It is then “fed” by regularly adding flour and water, a process termed back-slopping. Once considered  
854 mature by bakers based on their acidity, flavour and bubbling activity, the sourdough is called "chief",  
855 or “mother” sourdough, and can then be used for bread making. The bread making process starts from  
856 this “chief sourdough”, or from a piece of dough or sourdough sampled from the preceding bread making  
857 process, or initiated from a mix of flour and water naturally colonized by yeasts and LAB following  
858 several back-sloppings. Once or several times, the chief sourdough is refreshed by adding flour and  
859 water to constitute the final sourdough, which is used for bread making. This final sourdough is mixed  
860 with flour, water, and other ingredients (salt, seeds, yeasts starters, etc.) during kneading to constitute  
861 the dough. After kneading, primary fermentation occurs during the first rising. The dough is then divided  
862 and shaped. The pieces of dough are then left to rise during a second fermentation and finally oven-  
863 baked.

864

865 **Figure 2.** Multiple Correspondence Analysis (MCA) based on 28 categorical variables describing  
866 bread making practices.

867 A) Representation of bakers. Each point represents a bakery. The purple area on the left brings together  
868 baker with “artisanal” practices and the light blue area on the right the bakers with “farmer” practices.  
869 The dot’s colors indicate the PCoA cluster of the sourdough fungal community (see Figure 5). Black  
870 dots for group 1, empty dot for group 2, grey for group 3. The fungal community of the sourdough of  
871 baker 14 was not studied. B) Representation of the 20 first categories that contributed the most to the  
872 MCA axes. The category, which corresponds to a class of a variable, is written next to the triangle. C)  
873 Distribution of each variable for each bread making practices group. Only variables that mostly  
874 explained differences between bread making practice groups are shown: use of commercial yeast,  
875 kneading method, chief origin, kg of bread production per week, number of bread making per week,

876 percent of water in dough, number of back-sloppings before making bread, water origin, sourdough age  
877 and flour percentage in dough. The categories of each of these variables are indicated on the right.

878 **Figure 3.** Yeast species diversity was analyzed for 38 out of the 39 sourdoughs with both cultural and  
879 metabarcoding methods. Left: species were identified by traditional microbial isolation and  
880 identification using ITS sequencing. Right: species were identified using ITS1 metabarcoding. The  
881 three most frequently-encountered species are shown in contrasting colors surrounded by black (blue:  
882 *Saccharomyces cerevisiae*, red: *Kazachstania bulderi*, yellow: *Kazachstania humilis*). The bread  
883 making practice of the baker who supplied the sourdough is indicated on the left (“artisanal” in purple,  
884 “farmer” in light blue).

885

886 **Figure 4.** Distribution of yeast species diversity across French sourdoughs. Each bar represents the yeast  
887 species diversity of one sourdough and is placed on the map where the baker is located. Sourdoughs  
888 from “farmer” practice are surrounded in light blue and sourdoughs from “artisanal” practice are  
889 surrounded by purple.

890

891 **Figure 5.** Representation of sourdough depending on the weighted Unifrac distances between  
892 microbial communities. A) shows the clustering of sourdoughs according to their Unifrac distances on  
893 a tree (left) or on a PCoA (right). Sourdough fungal community can be clustered in three groups  
894 according to their weighted Unifrac distances. B to E) shows on the left: a tree constructed from the  
895 Unifrac distance matrix, in the center: sourdoughs represented on the first 2 axes of the PCoA and on  
896 the right: the distribution of modalities of a variable for each group of sourdoughs (number of each  
897 group on the x-axis). B) shows the distribution of bread making practices among fungal community  
898 groups, C) shows the distribution of the dominant or most frequent species among fungal community  
899 (K: *Kazachstania*, C: *Candida*, T: *Torulaspora*, P: *Pichia*), D) shows the use of commercial  
900 *Saccharomyces cerevisiae* starter and E) shows the quantity of bread per week.

901

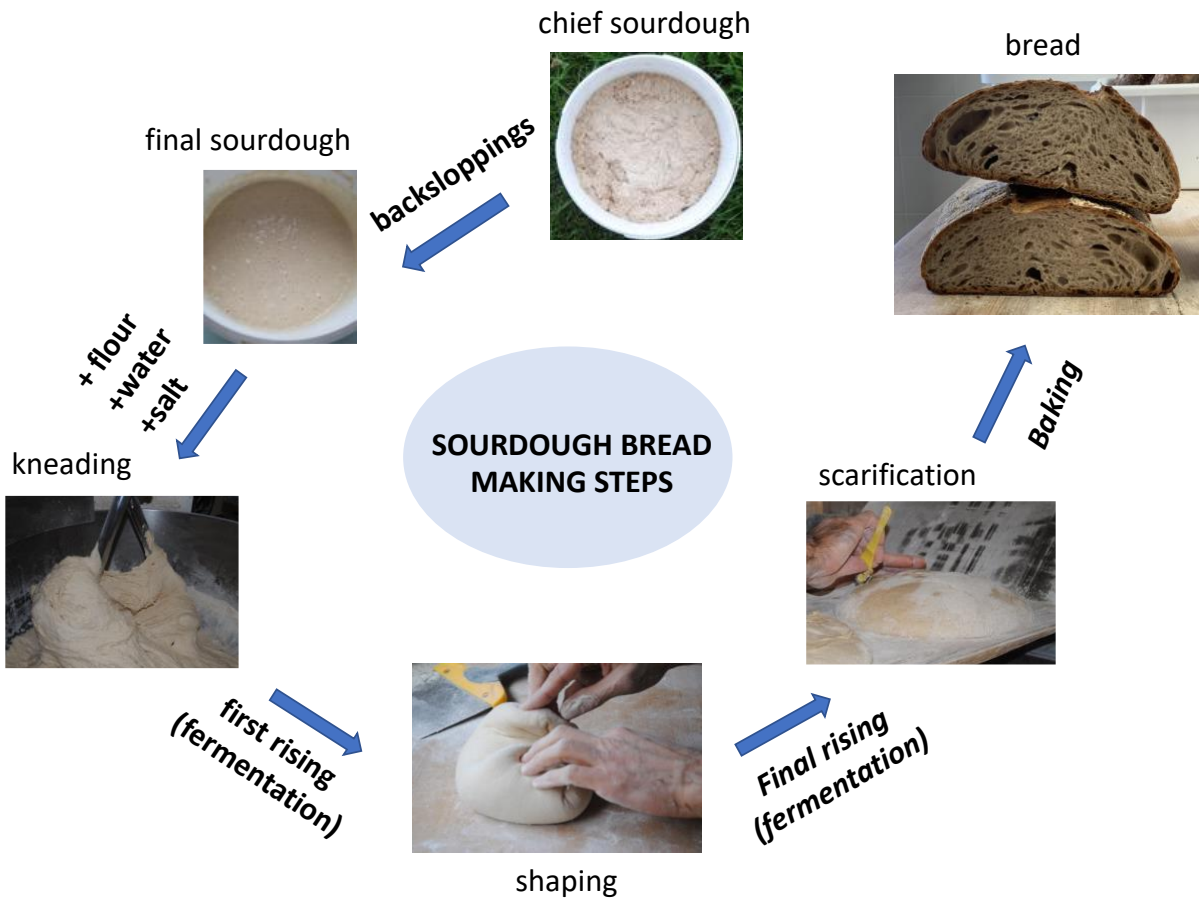
902 **Figure 6.** Principal component analysis of 37 *K. humilis* and *K. bulderi* strains based on the  
903 quantitative variation of maximum CO<sub>2</sub> production (CO<sub>2</sub>max), fermentation latency phase (t<sub>1g</sub>),  
904 maximum CO<sub>2</sub> production rate (V<sub>max</sub>), time to reach the maximum production rate (tV<sub>max</sub>), log of  
905 population size and mortality at the end of the fermentation. The correlations between variables are  
906 presented on the left while the figure on the right shows the projection of strains on the first two axes  
907 representing 70.64% of the variation. The strains are colored according to their habitat of origin  
908 (sourdough/non-sourdough). Their species is indicated by symbol.

909

910 **Figure 7.** Ratio between the sourdough strains mean and the non-sourdough strains mean values of  
911 each quantitative variable measuring fermentation performance: maximum CO<sub>2</sub> production  
912 (CO<sub>2</sub>max), fermentation latency phase (t<sub>1g</sub>), maximum CO<sub>2</sub> production rate (V<sub>max</sub>), time to reach  
913 the maximum production rate (tV<sub>max</sub>), log of population size. Confidence intervals are indicated by  
914 bars.

915

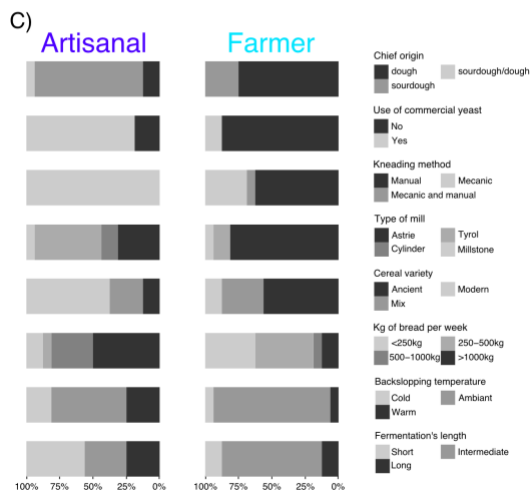
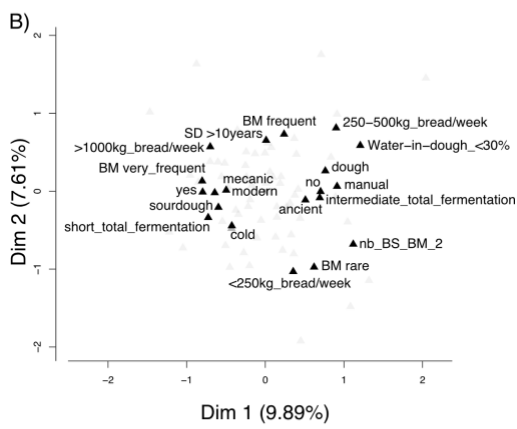
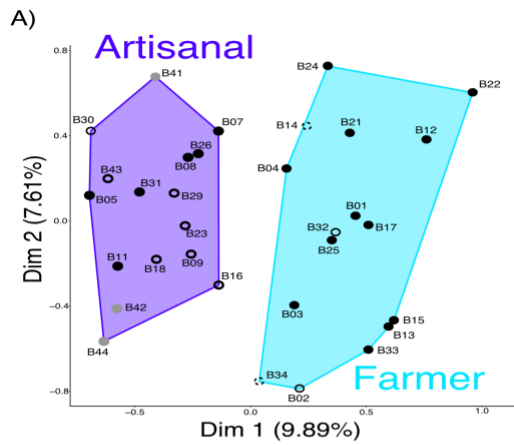
916 Figure 1



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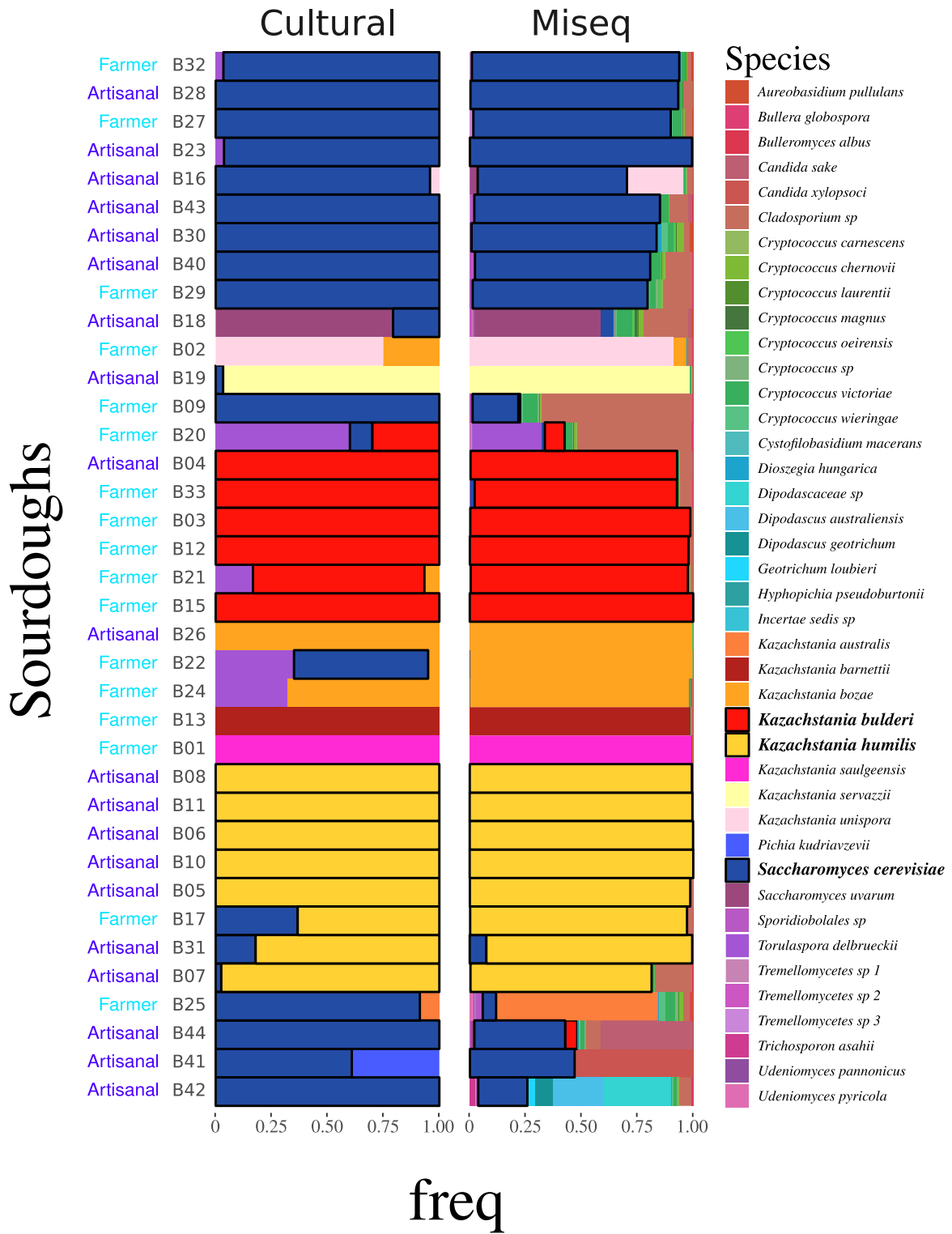
919 Figure 2



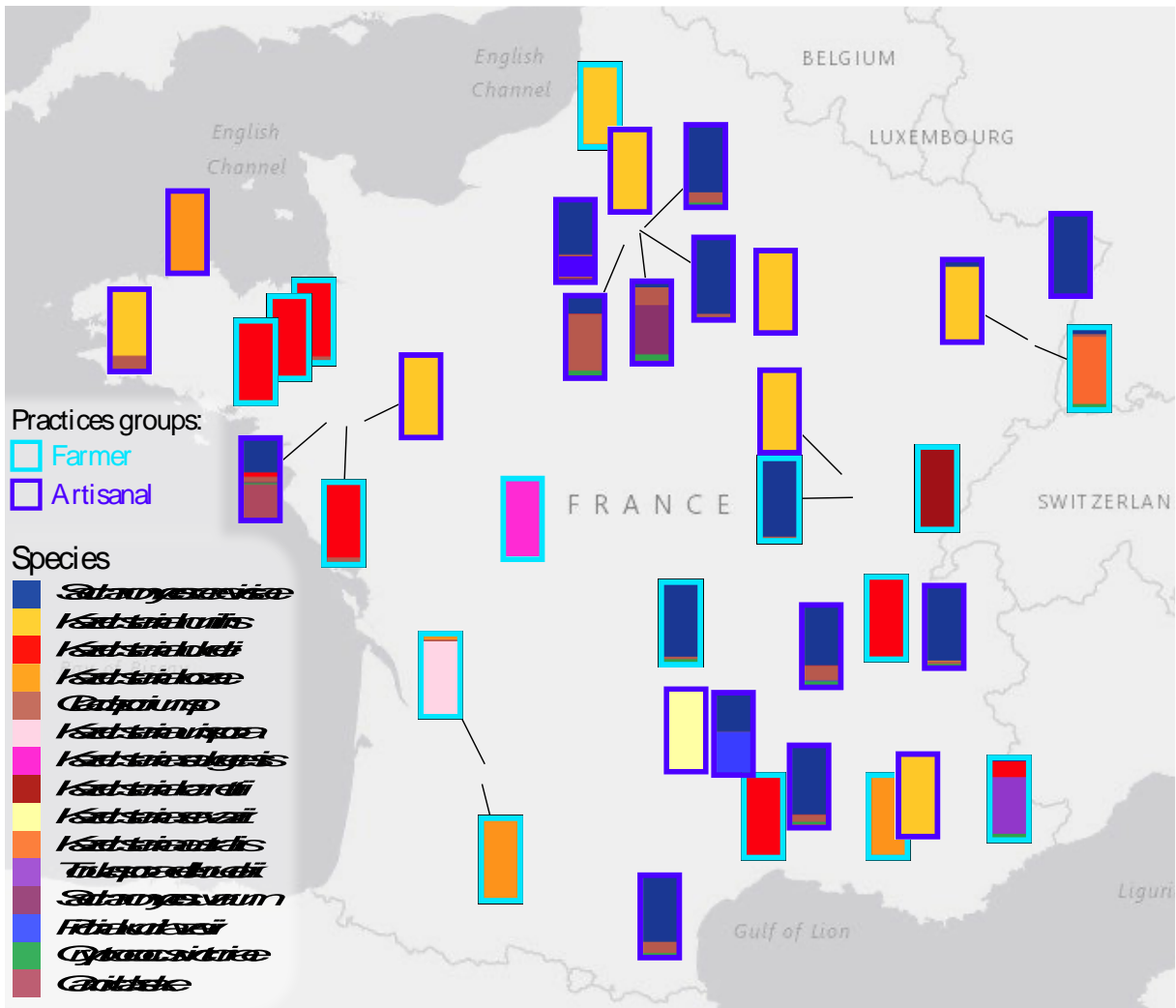
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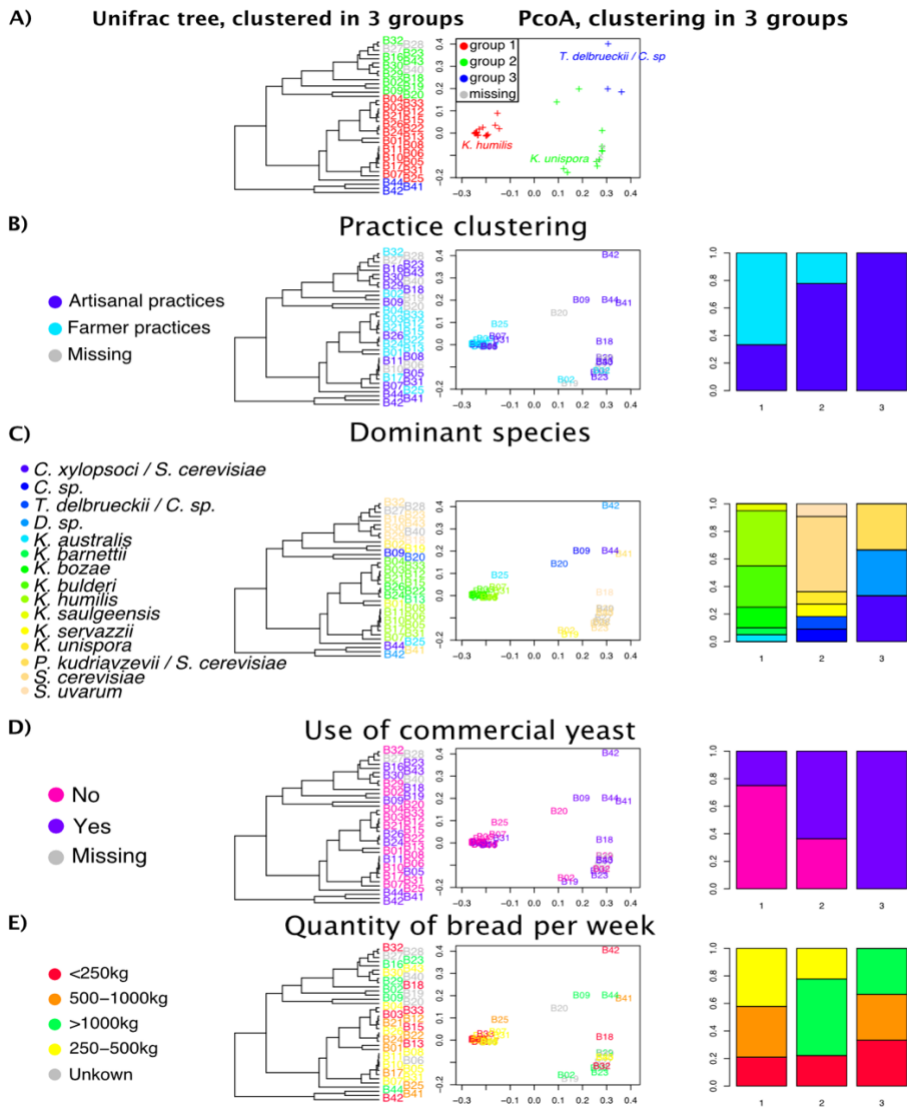


925 Figure 4  
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929 Figure 5  
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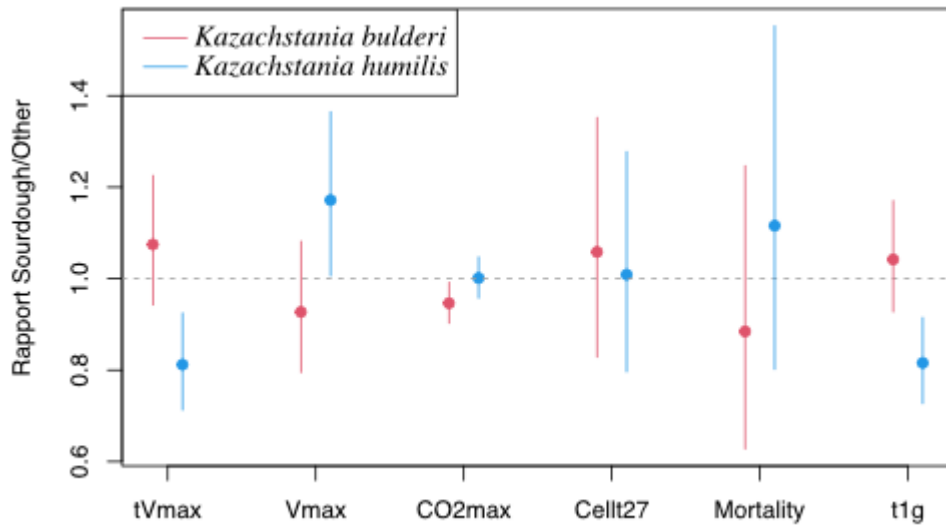
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937 Figure 7

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