

Evolution of immune genes in island birds: reduction in population sizes can explain island syndrome

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1 **Abstract**

2 Shared ecological conditions encountered by species that colonize islands often lead to the
3 evolution of convergent phenotypes, commonly referred to as “island syndrome”. Reduced
4 immune functions have been previously proposed to be part of this syndrome, as a consequence
5 of the reduced diversity of pathogens on island ecosystems. According to this hypothesis,
6 immune genes are expected to exhibit genomic signatures of relaxed selection pressure in
7 island species. In this study, we used comparative genomic methods to study immune genes in
8 island species (N = 20) and their mainland relatives (N = 14). We gathered public data as well
9 as generated new data on innate (TLR: Toll-Like Receptors, BD: Beta Defensins) and acquired
10 immune genes (MHC: Major Histocompatibility Complex classes I and II), but also on
11 hundreds of genes with various immune **functions**. As a control, we used a set of 97 genes, not
12 known **to be** involved in immune functions based on the literature, to **account for** the increased
13 drift effects **of** the lower effective population sizes in island species. We used synonymous and
14 non-synonymous **variants** to estimate the selection pressure acting on immune genes. **We found**
15 **that** BDs and TLRs have higher ratios of non-synonymous over synonymous polymorphisms
16 (Pn/Ps) than randomly selected control genes, suggesting that they evolve under a different
17 selection regime. However, simulations show that this is unlikely to be explained by ongoing
18 positive selection or balancing selection. For the MHC **genes, which evolve** under balancing
19 selection, we used **simulations** to estimate the impact of population size variation. We found a
20 significant effect of drift on immune genes of island species leading to a reduction in genetic
21 diversity and efficacy of selection. However, the intensity of relaxed selection was not
22 significantly different from control genes, except for MHC class II genes. These genes exhibit
23 a significantly higher level of non-synonymous loss of polymorphism than expected assuming
24 only drift and evolution under frequency dependent selection, possibly due to a reduction of
25 extracellular parasite communities on islands. Overall, our results showed that demographic
26 effects lead to a decrease in the immune functions of island species, but the relaxed selection
27 **that is expected to be** caused by a reduced parasite pressure may only occur in some **categories**
28 **of immune genes**.

29 **Keywords:** genetic drift, island evolution, immunity, Toll-Like Receptors, Beta-Defensins,
30 major histocompatibility complex, molecular evolution, population genomics

32 **Introduction**

33 Island colonizers face new communities of competitors, predators and parasites in a small area
34 with limited resources, which generally results in high extinction rates of colonizers (Losos and
35 Ricklefs, 2009). Oceanic island faunas are characterized by a low species richness, coupled
36 with high population densities for each species (MacArthur and Wilson, 1967; Warren et al.,
37 2015) - which translates into communities with, on average, lower levels of inter-specific
38 interactions and higher levels of intra-specific competition (but see Rando et al., 2010 for an
39 example of character displacement due to competition among island finch species). These
40 shared island characteristics are thought to underlie the evolution of convergent phenotypes, in
41 what is called the ‘island syndrome’ (Baeckens and Van Damme, 2020). Convergence has been
42 documented in multiple traits, such as size modification (dwarfism or gigantism; Lomolino,
43 2005), reduction of dispersal (Baeckens and Van Damme, 2020), shift towards K life-history
44 strategies (Boyce, 1984; Covas, 2012; MacArthur and Wilson, 1967), evolution of generalist
45 traits (Blondel, 2000; Warren et al., 2015), or changes in colour and acoustic signals
46 (Doutrelant et al., 2016; Grant, 1965).

47 Reduced immune function has also been hypothesized to be an island syndrome trait, directly
48 linked to reduced parasite pressure on islands (Lobato et al., 2017; Matson and Beadell, 2010;
49 Wikelski et al., 2004). Island parasite communities are i) less diverse (Beadell et al., 2006;
50 Illera et al., 2015; Loiseau et al., 2017; Maria et al., 2009; Pérez-Rodríguez et al., 2013), and
51 ii) could be less virulent due to the expansion of the ecological niche expected by the theory of
52 island biogeography. In fact, island parasites are often more generalist than their mainland
53 counterparts, which could lead to a reduced virulence due to the trade-off between replication
54 capacity and resistance against host immune defenses (Garamszegi, 2006; Hochberg and
55 Møller, 2001; Pérez-Rodríguez et al., 2013). Overall, a reduction of parasitic pressure should
56 lead to a weakening of the immune system due to the costs of maintaining efficient immune
57 functions (Lindström et al., 2004; Matson and Beadell, 2010; Wikelski et al., 2004). Such
58 reduction may have important implications for the ability of these populations to resist or
59 tolerate novel pathogens. The introduction of avian malaria in the Hawaiian archipelago, and
60 the subsequent extinctions and population declines of many endemic species is the most
61 emblematic example (Van Riper III et al., 1986; Wikelski et al., 2004).

62 Immunological parameters, such as blood leukocyte concentration, antibodies or other immune
63 proteins (e.g. haptoglobin), hemolysis, and hemagglutination (Lee et al., 2006; Matson and

64 Beadell, 2010) may serve as proxies to determine population immune functions. To date, the
65 majority of studies that focused on island avifauna have found ambiguous results, with either
66 no support for a reduced immune response on island species (Beadell et al., 2007; Matson,
67 2006), or **contrasting** results, such as a lower humoral component (total immunoglobulins) on
68 islands, but a similar innate component (haptoglobin levels) between island and mainland
69 species (Lobato et al., 2017). The use of immune parameters as proxies of immune function is
70 fraught with difficulties (Lobato et al., 2017). The study of molecular evolution of immune
71 genes therefore represents an alternative strategy to tackle this question. However, it is
72 necessary to distinguish neutral effects (*i.e.* the demographic effects resulting from island
73 colonization) from selective ones, the potential relaxation of selection pressures due to the
74 changes in the pathogen community.

75 **The** bottleneck experienced by species during island colonization leads to a decrease in genetic
76 variability (Frankham, 1997). A reduced genetic diversity at loci involved in immunity should
77 have a direct implication on immune functions (Hale and Briskie, 2007 but see ; Hawley et al.,
78 2005; Spurgin et al., 2011). **Also**, small population sizes increase genetic drift, which may
79 counteract the effect of natural selection on weakly deleterious mutations (Ohta, 1992). Several
80 recent studies found a greater load of deleterious mutations in island species (Kutschera et al.,
81 2020; Leroy et al., 2021b; Loire et al., 2013; Robinson et al., 2016; Rogers and Slatkin, 2017).
82 Finally, it is necessary to differentiate genes involved in the innate versus the acquired immune
83 response. The innate immune response is the first line of defense and is composed of
84 phagocytes, macrophages and dendritic cells. These cells allow non-specific recognition of
85 pathogens (Akira, 2003; Alberts et al., 2002). For example, Toll-Like Receptors (TLR;
86 transmembrane proteins) trigger a chain reaction leading to the production of various
87 substances, including antimicrobial peptides such as beta-defensins (BD) that have active
88 properties in pathogen cell lysis (Velová et al., 2018). On the other hand, the acquired immune
89 system allows a specific response, characterized by immune memory. Major
90 Histocompatibility Complex (MHC) genes code for surface glycoproteins that bind to antigenic
91 peptides, and present them to the cells of the immune system; class I and II genes ensure the
92 presentation of a broad spectrum of intra- and extracellular-derived peptides, respectively
93 (Klein, 1986). Although all these genes are directly involved in the identification and
94 neutralization of pathogens, previous studies found that they evolve under different selection
95 regimes: TLRs and BDs are under purifying selection which usually results in the selective

96 removal of deleterious alleles and stabilizing selection (Grueber et al., 2014; van Dijk et al.,
97 2008), whereas MHC genes are under balancing selection (Bernatchez and Landry, 2003).

98 Recent studies on birds (Gonzalez-Quevedo et al., 2015a, 2015b), amphibians (Belasen et al.,
99 2019), and lizards (Santonastaso et al., 2017) found that the demographic history of island
100 populations led to the loss of genetic variants at immune genes involved in pathogen
101 recognition, such as TLRs and MHC. For example, Santonastaso et al., (2017) revealed that
102 the polymorphism pattern in MHC genes and microsatellites covary positively with island area
103 in *Podarcis* lizards, suggesting a dominant role for genetic drift in driving the evolution of the
104 MHC. Gonzalez-Quevedo, et al. (2015a) found a similar pattern comparing TLR and
105 microsatellite polymorphism in the Berthelot pipit, *Anthus berthelotii*, an endemic species from
106 Macaronesia, supporting a predominant role of genetic drift in TLR evolution. However, these
107 studies did not explicitly test the hypothesis of a relaxed selection pressure on islands imposed
108 by an impoverished parasite community. All other things being equal, it is expected that the
109 polymorphism of a coding sequence decreases with population size (Buffalo, 2021; Leroy et
110 al., 2021b). Therefore, a decrease in polymorphism with population size could not be taken as
111 a proof of a relaxation in the selection pressure.

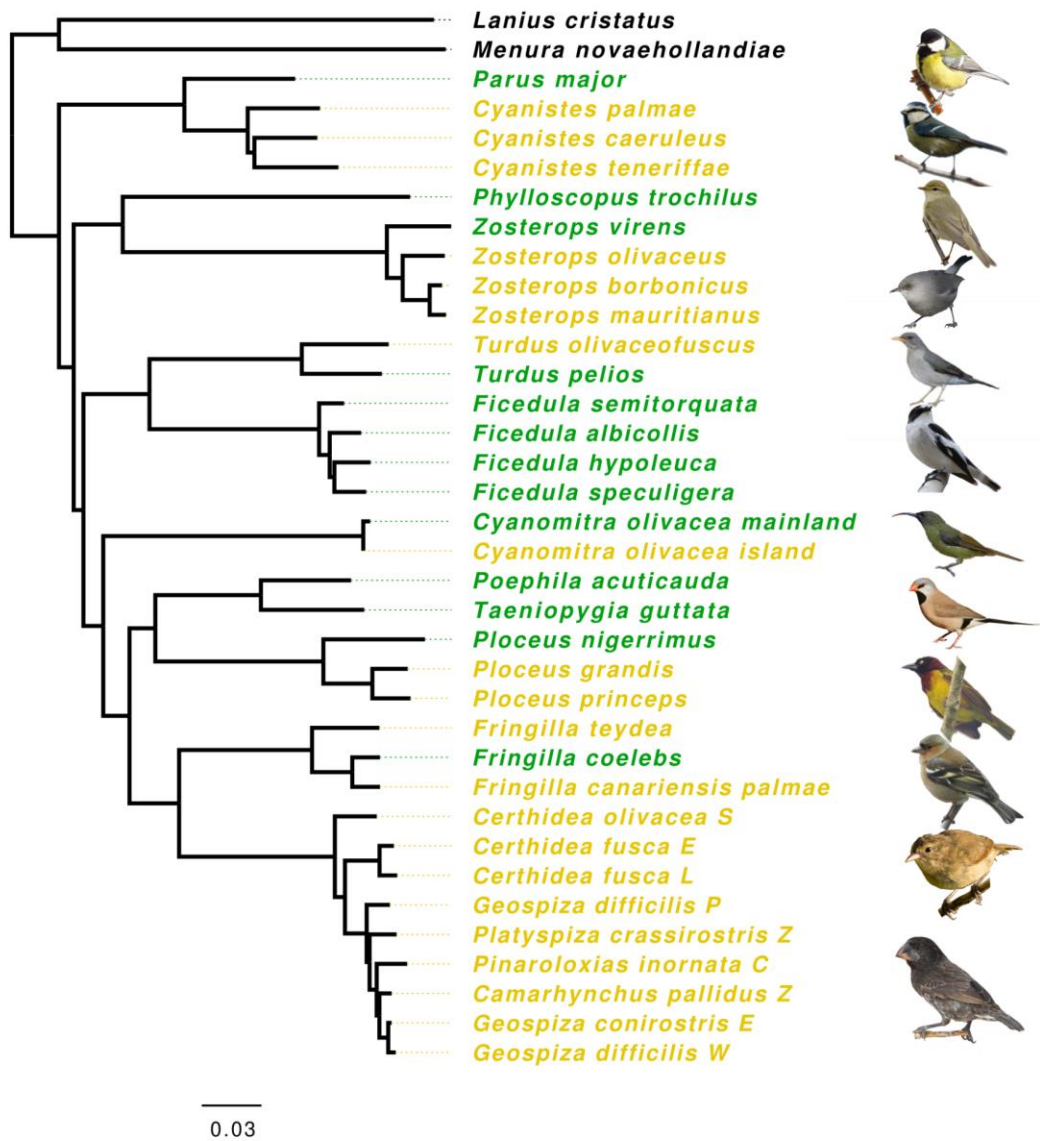
112 To be able to demonstrate a change in natural selection, a traditional approach is to contrast
113 polymorphism of synonymous sites (P_s) with polymorphism of non-synonymous sites (P_n).
114 Synonymous mutations do not change amino acid sequences, whereas non-synonymous
115 mutations do. Thus, synonymous mutations are expected to be neutral while non-synonymous
116 could be subject to selection.

117 Following population genetic theory, in a diploid population, $P_s = 4 N_e \mu$ and $P_n = 4 N_e \mu f$,
118 where N_e is the effective population size, μ is the mutation rate and f is a function that integrates
119 the probability of an allele to segregate at a given frequency. f depends on the distribution of
120 the fitness effect (DFE) of mutations (Eyre-Walker and Keightley, 2007). This distribution
121 scales with N_e as the fitness effect is dependent on N_e multiplied by the coefficient of selection
122 s (Kimura, 1962). The nearly-neutral theory predicts that the DFE includes a large proportion
123 of mutations with a $N_e * s$ close to 0 (Ohta, 1992). As a consequence, an increase of N_e will lead
124 to an increase of the fitness effect of weakly deleterious mutations, in such a way that these
125 mutations will be more easily removed from the population by natural selection, therefore
126 reducing P_n relative to P_s , leading to a negative correlation between P_n/P_s and P_s (through N_e ;

127 Welch et al., 2008). The presence of linked mutations, that are positively selected, does not
128 change this relationship qualitatively (Castellano et al., 2018; Chen et al., 2020 and our
129 simulations below).

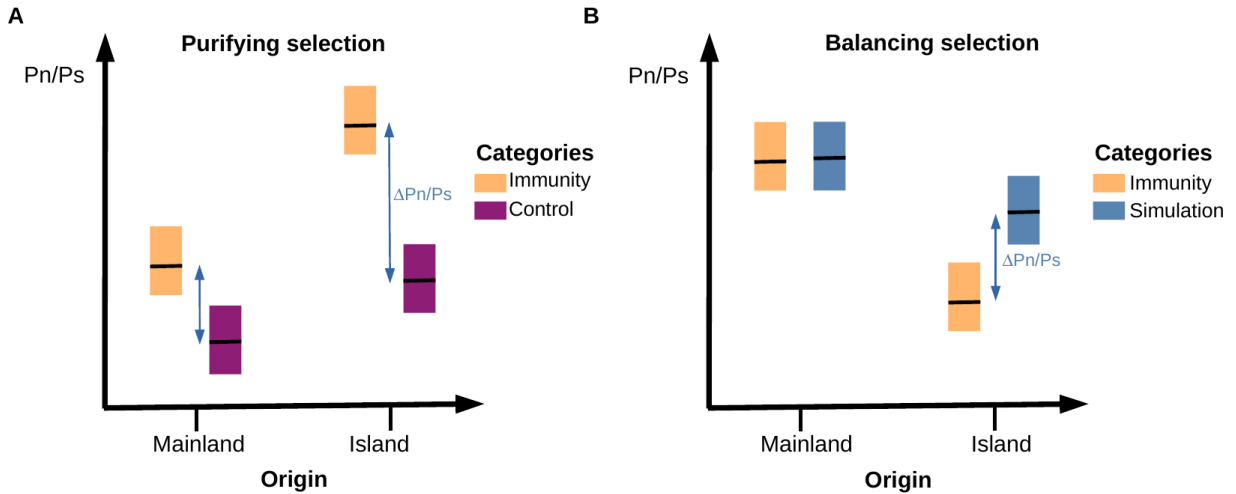
130 Shifts in the parasitic community on islands are expected to have an impact on the Pn/Ps ratio
131 of immune genes. However, the fixation probability depends on the product $Ne*s$, and variation
132 in Ne is also expected to impact the efficacy of selection and thus the Pn/Ps ratio across the
133 entire transcriptome, particularly in the presence of slightly deleterious mutations
134 (Charlesworth and Eyre-Walker, 2008; Leroy et al., 2021b; Loire et al., 2013; Ohta, 1992). In
135 addition, due to their lower population sizes, island birds compared to continental species
136 exhibit a genome-wide reduction in genetic diversity and efficacy of selection (Kutschera et
137 al., 2020; Leroy et al., 2021b). Therefore, we expect a similar reduction in immune genes'
138 diversity even without any change in the parasite pressure.

139 To disentangle the effect of population size from a change in parasite pressure and estimate the
140 impact of demography on the efficacy of selection, we studied a dataset of 34 bird species (20
141 insular and 14 mainland species; Figure 1) combining the 24 species of Leroy et al. (2021b)
142 and 10 newly generated by targeted-capture sequencing (Table 1). We randomly selected
143 protein-coding genes (i.e., control genes) involved in various biological functions (Fijarczyk et
144 al., 2016; Leroy et al., 2021b). The selection pressure acting on the randomly selected control
145 genes is expected to be similar between island and mainland bird species. Therefore, the
146 variation of Pn/Ps of the control genes is only dependent on the variation of Ne . In contrast, if
147 a reduced parasite pressure on islands directly impacts the evolution of immune genes, the
148 Pn/Ps of immune genes is expected to show a larger variation between island and continental
149 species than the control genes. More specifically, for genes under purifying selection, non-
150 synonymous weakly deleterious mutations, normally eliminated under strong selection, would
151 be maintained, leading to an increase of Pn/Ps. By contrast, for genes under balancing selection,
152 non-synonymous advantageous mutations, normally maintained in the polymorphism under
153 strong selection, would be fixed or eliminated leading to a decrease of Pn/Ps (Figure 2).



154

155 **Figure 1:** Phylogeny based on mitochondrial genes of species from the dataset reconstructed by
 156 maximum likelihood method (IQTREE model GTR+Gamma). Species names in yellow indicate island
 157 species, and in green, mainland species. Ultrafast bootstrap values are provided in the supplementary
 158 methods. Some relationships are poorly supported. Bird representations are not to scale. Photos from
 159 top to bottom : *P. major*, *C. caeruleus*, *P. trochilus*, *Z. borbonicus*, *T. pelios*, *F. albicollis*, *C. olivacea*,
 160 *P. acuticauda*, *P. grandis*, *F. coelebs*, *C. fusca*, *G. conirostris*. Photo credits: A. Chudý, F. Desmoulins,
 161 E. Giacone, G. Lasley, Lianaj, Y. Lyubchenko, B. Nabholz, J.D. Reynolds, K. Samodurov, A.
 162 Sarkisyan, Wimvz, Birdpics, T. Aronson, G. Lasley, P. Vos (iNaturalist.org); M. Gabrielli (*Zosterops*
 163 *borbonicus*).



164
 165 **Figure 2:** Conceptual diagram showing the expected results under the hypothesis of a relaxation in the
 166 selection pressure of the immune genes in island species due to a change in the parasitic community.
 167 A) Genes evolving under purifying selection where control genes are randomly selected protein-coding
 168 genes. B) Genes evolving under balancing selection where controls are obtained from SLiM simulations
 169 of genes evolving under the same balancing selection but different population size. Under the hypothesis
 170 of a relaxed selection as a consequence of the reduced diversity of pathogens on island ecosystems, the
 171 difference in Pn/Ps between categories ($\Delta Pn/Ps$) is expected to be different between species' origin,
 172 leading to a statistical interaction between gene categories and origin.

173

174 **Methods**

175 *Dataset*

176 Alignments of Coding DNA Sequences (CDS) of individuals from 24 species were obtained
 177 from Leroy et al. (2021b). In addition, data for ten other species (six and four from islands and
 178 mainland, respectively) were newly generated for this study by targeted-capture sequencing.
 179 Blood samples and subsequent DNA extractions were performed by different research teams.
 180 The complete dataset consisted of 34 bird species (20 and 14 insular and mainland species
 181 respectively; Table 1; Figure 1). We filtered alignments in order to retain only files containing
 182 a minimum of five diploid individuals per site (Table 1).

183 Sequence enrichment was performed using MYBaits Custom Target Capture Kit targeting 21
 184 immune genes: 10 Toll-Like receptors (TLR), 9 Beta Defensins (BD), 2 Major
 185 Histocompatibility Complex (MHC) and 97 control genes (see below). We followed the
 186 manufacturer's protocol (Rohland and Reich, 2012). Illumina high-throughput sequencing,
 187 using a paired-end 150 bp strategy, was performed by Novogene (Cambridge, UK).

188 **Table 1:** List of species and sampling localities, along with the type of data obtained and the number of
 189 individuals (N).

Species	Origin	Island/Country	N	Reference genome	Reference for population genomics data	Type of data
<i>Cyanistes teneriffae palmae</i>	Island	La Palma	15	<i>Cyanistes caeruleus</i> (This study)	(Mueller et al., 2016)	Capture
<i>Cyanistes teneriffae teneriffae</i>	Island	Tenerife	14			
<i>Cyanistes caeruleus</i>	Mainland	France	15			
<i>Parus major</i>	Mainland	Europe	10	<i>Parus major</i> (Laine et al., 2016)	(Corcoran et al., 2017)	Whole genome
<i>Phylloscopus trochilus</i>	Mainland	Europe	9	<i>Phylloscopus trochilus</i> (Lundberg et al., 2017)	(Lundberg et al., 2017)	Whole genome
<i>Zosterops virens</i>	Mainland	South Africa	7	<i>Zosterops borbonicus</i> (Leroy et al., 2021a)	(Leroy et al., 2021b)	Whole genome
<i>Zosterops olivaceus</i>	Island	Réunion	15			
<i>Zosterops mauritianus</i>	Island	Mauritius	9			
<i>Zosterops borbonicus</i>	Island	Réunion	25			
<i>Ficedula semitorquata</i>	Mainland	Europe	20	<i>Ficedula albicollis</i> (Ellegren et al., 2012)	(Ellegren et al., 2012)	Whole genome
<i>Ficedula albicollis</i>	Mainland	Europe	20			
<i>Ficedula speculigera</i>	Mainland	Nord Africa	20			
<i>Ficedula hypoleuca</i>	Mainland	Europe	20			
<i>Turdus olivaceofuscus</i>	Island	São Tomé	15	<i>Turdus pelios</i> (This study)	This study	Capture
<i>Turdus pelios</i>	Mainland	Gabon	15			
<i>Cyanomitra olivacea</i>	Island	Príncipe	15	<i>Cyanomitra olivacea</i> (This study)	This study	Capture
<i>Cyanomitra olivacea</i>	Mainland	Gabon	15			
<i>Ploceus grandis</i>	Island	São Tomé	13	<i>Ploceus cucullatus</i> (This study)	This study	Capture
<i>Ploceus princeps</i>	Island	Príncipe	13			
<i>Ploceus nigerrimus</i>	Mainland	Cameroon Gabon	14			
<i>Poephila acuticauda acuticauda</i>	Mainland	Australia	10	<i>Taeniopygia guttata</i> (Warren et al., 2010)	(Singhal et al., 2015)	Whole genome
<i>Taeniopygia guttata castanotis</i>	Mainland	Australia	19			
<i>Fringilla teydea</i>	Island	Tenerife	10	<i>Fringilla coelebs</i> (Recuerda et al., 2021)	(Leroy et al., 2021b)	Whole genome
<i>Fringilla canariensis palmae</i>	Island	La Palma	15			
<i>Fringilla coelebs</i>	Mainland	Spain	9			
<i>Certhidea olivacea</i>	Island	Santiago (Galápagos)	5	<i>Geospiza fortis</i> (Zhang et al., 2012)	(Lamichhaney et al., 2015)	Whole genome
<i>Certhidea fusca</i>	Island	San Cristobal (Galápagos)	10			
<i>Certhidea fusca</i>	Island	Española (Galápagos)	10			
<i>Geospiza difficilis</i>	Island	Pinta (Galápagos)	10			
<i>Platyspiza crassirostris</i>	Island	Santa Cruz (Galápagos)	5			
<i>Pinaroloxias inornata</i>	Island	Coco (Galápagos)	8			
<i>Camarhynchus pallidus</i>	Island	Santa Cruz (Galápagos)	5			
<i>Geospiza difficilis</i>	Island	Wolf (Galápagos)	8			
<i>Geospiza conirostris</i>	Island	Española (Galápagos)	10			

190

191 *Newly generated draft genome sequence*

192 We generated whole genome sequences at moderate coverage (~40X) for *Turdus pelios*,
 193 *Ploceus cucullatus* and *Cyanomitra olivacea* (from Gabon). Library preparation from blood
 194 DNA samples and Illumina high-throughput sequencing using a paired-end 150 bp strategy
 195 were performed at Novogene (Cambridge, UK). Raw reads were cleaned using FastP (vers.
 196 0.20.0; Chen et al., 2018). Genomes assemblies were performed using SOAPdenovo (vers.
 197 2.04) and Gapcloser (v1.10) (Luo et al., 2012) with parameters “-d 1 -D 2” and a kmers size of

198 33. Protein annotation was performed by homology detection using genBlastG (She et al.,
199 2011; <http://genome.sfu.ca/genblast/download.html>) and the transcriptome of the collared
200 flycatcher (*Ficedula albicollis*; assembly FicAlb1.5; Ellegren et al., 2012) as reference.

201 *Capture data processing*

202 Reads from targeted-capture sequencing were cleaned with FastP (vers. 0.20.0; Chen et al.,
203 2018). Reads of each individual were mapped respectively to the nearest available reference
204 genomes using bwa mem (vers. 0.7.17; Li, 2013; Table 1), with default parameters. Samtools
205 (vers. 1.3.1; Li et al., 2009) and Picard (vers. 1.4.2; Picard Toolkit 2019) were used to convert
206 the mapping files, order and index reads according to their position on the chromosomes (or
207 scaffolds) of the reference genomes or on the draft genomes generated in this study for *Ploceus*,
208 *Cyanomitra* and *Turdus*. Duplicate reads were marked using MarkDuplicates (vers. 1.140;
209 Picard Toolkit 2019). SNP calling was performed with Freebayes (vers. 1.3.1; Garrison and
210 Marth, 2012). Freebayes output file (VCF file) was converted to a fasta file by filtering out
211 sites with a minimum quality of 40 and a sequencing depth between 10 and 1000X (sites outside
212 these thresholds were treated as missing data, i.e., 'N'). CDS were then extracted from the
213 alignments using the coordinates of the annotations (gff files). CDS were aligned using
214 MACSE (vers. 2.03; Ranwez et al., 2011) to prevent frameshift mutation errors and GNU-
215 parallel (Tange, 2018) was used to parallelise the computation.

216 *Selection and identification of immune and control genes*

217 We defined several groups of immune genes to compare with the control genes. The control
218 group consisted of 97 protein-coding genes randomly selected in the genome of *Zosterops*
219 *borbonicus* (Leroy et al., 2021a). These control genes allowed the estimation of the average
220 selection pressure that a gene, not involved in the immune response, undergoes in the genome
221 [under a given effective population size](#). These genes [were](#) single copy (absence of paralogue)
222 and [had](#) a variable GC content representative of the whole transcriptome.

223 For the immune genes, we selected three sets of genes from i) a limited set of genes (Core
224 Group) where functions are unambiguously related to immunity, and ii) two larger sets of genes
225 (Database-group & Sma3s-group), obtained through an automatic annotation pipeline.

226 The Core Group included MHC class I and class II genes, 10 Toll-Like Receptors (TLRs;
227 Velová et al., 2018) and 9 Beta Defensins (BD; Chapman et al., 2016). The Database group

228 included genes identified by Immunome Knowledge Base (Ortutay and Vihinen, 2009,
229 <http://structure.bmc.lu.se/idbase/IKB/>; last access 04/02/2020) and InnateDB (Breuer et al.,
230 2013, <http://www.innatedb.com>; last access 04/02/2020). We also added a set of genes for
231 which the genetic ontology indicated a role in immune functions. To do so, we used the chicken
232 (*Gallus gallus*) annotation (assembly GRCg6a downloaded from Ensembl database in March
233 2020; <https://www.ensembl.org/>). We identified genes with the terms "immun*" or
234 "pathogen*" in their Gene Ontology identifiers description (directory obtained from
235 <http://geneontology.org/>). This set included 2605 genes considered to be involved in immunity,
236 although some may be only indirectly involved in immunity or have a small impact on immune
237 functions. Finally, the third set of genes (Sma3s-group) has been built up through the Sma3s-
238 group program (vers. 2; Munoz-Mérida et al., 2014). This program annotated sequences in
239 order to be associated with biological functions through gene ontology identifiers. The
240 annotation of the genome of *F. albicollis* allowed us to identify 3136 genes associated with the
241 genetic ontology "immune system processes". Like for the Database group, this set may include
242 genes with various functions in the immune response. It should be noted that Sma3s-group and
243 Database-group were not mutually exclusive, and some genes were present in both groups. An
244 analysis was performed to identify and exclude genes under balancing selection from Database-
245 group and Sma3s-group sets using BetaScan (vers. 2; Siewert and Voight, 2020), due to the
246 potentially antagonistic responses of these genes. Very few genes (only 2 and 3 genes from
247 Database-group and Sma3s-group sets) were identified and removed from the analysis (see
248 Detection of genes under balancing selection in Supplementary Methods).

249 250 *Test for contamination and population structure*

251 We used the program CroCo (vers. 1.1; Simion et al., 2018) to identify candidates for cross-
252 species contamination (see supplementary materials for details). Overall, we did not detect a
253 clear case of cross-species contamination in our dataset (Figure S1). Contigs identified as
254 potential contamination always involve a pair of species belonging to the same genus. In this
255 case, contamination could be difficult to identify due to the low genetic divergence between
256 species.

257 For the newly sequenced species, we also performed PCA analyses using allele frequencies of
258 control genes. We used the function `dudi.pca` of `ade4` R package (Jombart and Ahmed,
259 2011). This analysis aims to check for population structure and to detect potentially
260 problematic individuals (i.e., contaminated individuals). This analysis led to the exclusion of 4

261 individuals (*Ploceus princeps* P6-174; *P. grandis* ST10_094; *P. nigerrimus* G3_016; *C.*
262 *teneriffae* TF57) for which we suspected contamination. Otherwise, no extra population
263 structure was detected (Figure S2-S4).

264 *Hidden paralogy*

265 We computed the statistic $F_{IS} = 1 - H_0/H_e$ where H_0 is the average number of heterozygous
266 individuals observed ($H_0 = \text{\#heterozygous} / n$; where n is the sample size) and H_e is the
267 expected number of heterozygous individuals at Hardy-Weinberg (HW) equilibrium ($H_e =$
268 $(n/(n-1) \sum p_i^2)^{-1}$ where n is the sample size and p_i the allele frequency of a randomly
269 chosen allele). F_{IS} varies between -1 and 1 with positive value representing excess of
270 homozygous individuals and negative value representing excess of heterozygous individuals
271 compared to the HW proportions. Gene with high value of nucleotide diversity (P_i) and
272 negative value of F_{IS} could represent a potential case where hidden paralogous sequences have
273 not been separated and where all the individuals present heterozygous sites in the positions
274 where a substitution occurred between the paralogous copies. Five sequences corresponding to
275 the TLR21 genes appeared problematic ($P_i > 0.01$ and $F_{IS} < -0.5$; Figure S5) and were excluded
276 from further analyses.

277 The MHC genes were more difficult to analyse. Indeed, heterozygosity could be comparable
278 to divergence under balancing selection. This made the identification of orthologs very
279 difficult. We identified a variable number of genes among species (from 1 to 10 genes for MHC
280 class I and MHC class II). We checked the sequence similarity for the 10 copies of the MHC
281 class II in *F. albicollis* and the 7 copies of the MHC class I genes in *C. caeruleus* using cd-hit
282 (Fu et al., 2012). For MHC class II, sequence divergences were always higher than 15%
283 indicating that reads were likely correctly assigned to their corresponding gene copy. For MHC
284 class I, sequence similarity could be as high as 95%. In this case, we relied on the fact that the
285 reads from very similar paralogous copies were not be confidently assigned to a gene copy
286 sequence by the mapping software. This should lead to a low mapping score quality and were
287 likely to be discarded during the genotype calling procedure. For example, 3 out of 7 of the
288 *Cyanistes* MHC class I genes were not correctly genotyped and were missing from our final
289 dataset.

290

291 **Data Analysis**

292 *SLiM simulations*

293 We used SLiM (vers. 3.3.2; Haller and Messer, 2017) to estimate the impact of demographic
294 changes on polymorphism patterns under various selection regimes. The following parameters
295 were used in all simulations. Sequences of 30kb with a mutation rate of $4.6e^{-9}$
296 substitutions/site/generation were simulated (Smeds et al., 2016). Recombination was set to be
297 equal to mutation rate. Introns/exons pattern was reproduced by simulating fragments of 3kb
298 separated by one bp with a very high recombination rate of 0.1 rec./site/generation. We chose
299 3kb because TLR CDS were typically single-exon sequences of 2-3kb (Velová et al., 2018).
300 Five types of mutations were possible: i) neutral synonymous mutations, ii) codominant non-
301 synonymous mutations with a Distribution of Fitness Effect (DFE) following a gamma law of
302 mean = -0.025 and shape = 0.3, which corresponds to the DFE estimated in Passerines by
303 Rousselle et al. (2020), iii) codominant non-synonymous mutations positively selected with s
304 = 0.1, iv) non-synonymous mutations under balancing selection with an effect on fitness
305 initially set at 0.01 but re-estimated by the program at each generation according to the mutation
306 frequency in the population, thus including a frequency-dependent effect and v) non-
307 synonymous mutations under overdominance with a dominance coefficient of 1.2.

308 We simulated a coding sequence organization where positions one and two of the codons were
309 considered as non-degenerated sites, with the non-synonymous types of mutations previously
310 described were possible in various proportions. The third position was considered as
311 completely neutral where only synonymous mutations could appear.

312 In the absence of control genes evolving under balancing selection, we used SLiM to generate
313 a set of control genes for this category. We simulated two populations of 270,000 and 110,000
314 individuals, representing mainland and island effective population size respectively.

315 We also explored the effect of positive and balancing selection on the pattern of P_s and P_n/P_s
316 in a population of size 50,000, 110,000, 270,000 and 500,000. In order to speed up the
317 computational time, we reduced the population size by a factor 100 and rescaled mutation rate,
318 recombination rate and selection coefficient accordingly running 10 replicates per simulation.

319 All the details of the simulation parameters, calculations of non-synonymous polymorphism
320 rate (Pn) and synonymous polymorphism rate (Ps) of simulated sequences, as well as SLiM
321 command lines are provided in Supplementary Methods and Materials.

322 *Polymorphism analyses*

323 Synonymous (Ps) and non-synonymous (Pn) nucleotide **diversities** were estimated from
324 seq_stat_coding written from the Bio++ library (Available as Supplementary data; Guéguen et
325 al., 2013). The mean Pn/Ps was computed as the sum of Pn over the sum of Ps (Wolf et al.,
326 2009). Ps of concatenated sequences of control genes were estimated for each species of our
327 dataset. For the whole-genome **sequenced** species, we compared the Pn/Ps and Ps **estimated**
328 **from** the 97 control genes with the values from Leroy et al., (2021b; ~5000 genes used in their
329 study). Pn/Ps and Ps correlations showed a R^2 of 0.6 and 0.95 respectively (Figure S6). Thus,
330 the 97 control genes used in our study were representative of **the larger set of genes from Leroy**
331 **et al (2021b)**. This allowed us to identify *Phylloscopus trochilus* as an outlier. Unlike for all
332 other species (e.g. *Fringilla coelebs*, Figure S7), synonymous polymorphism level was
333 correlated to the amount of missing data in *P. trochilus* alignments (Figure S7). As such, we
334 excluded *P. trochilus* from further analysis.

335 The mean Pn/Ps, calculated from the concatenated sequences of genes from the same gene
336 class (control genes; BD; TLR; MHC I; MHC II; Database-group; Sma3s-group), was
337 estimated for each bird species. Alternative transcripts were identified based on the genomic
338 position in the GFF file. If several transcripts were available, one transcript was randomly
339 selected. Pn/Ps estimates based on less than four polymorphic sites were excluded from the
340 analysis, as were those with no polymorphic non-synonymous sites.

341 *Statistical analyses*

342 To estimate the impact of demographic history on genome-wide polymorphism of island
343 species and the potentially reduced constraints on their immune genes, we computed the ratio
344 of non-synonymous nucleotide diversity over synonymous nucleotide diversity (Pn/Ps). A
345 linear mixed model was performed, using the Pn/Ps ratio as dependent variable and, as
346 explanatory variables, the mainland or insular origin of species as well as the category of genes
347 (packages lme4 and lmerTest (Bates et al., 2012; Kuznetsova et al., 2017)). In order to take
348 **into account** the phylogenetic effect, the taxonomic rank “family” was included as a random
349 effect in the model. We also used a generalized linear mixed model (using the function glmer

350 of the package lme4) with the family “Gamma(link="log")” which led to the same results
351 (Figure S15 to S24). Five linear mixed models were defined i) model including origin and gene
352 category parameters and also the interaction effect ii) model using both origin and gene
353 category parameters, iii) model with only the gene category parameter, iv) model with only the
354 origin parameter, and finally v) null model. In some cases, the phylogenetic effect was difficult
355 to estimate because the number of species per family was reduced to one. In that case, we
356 choose to reduce the number of families by grouping Turdidae with Muscicapidae,
357 Nectariniidae, and Estrildidae with Ploceidae and Fringillidae within Thraupidae. The results
358 obtained with these family groupings were similar to the original model (Table S1), except
359 when stated. The categories Database-group and Sma3s-group were tested separately from the
360 Core group because they contained hundreds of genes annotated using the automatic pipeline
361 that were only available for species with genome wide data. Database-group and Sma3s-group
362 were not analysed simultaneously because they contained a partially overlapping set of genes.
363 Finally, genes evolving under purifying selection and genes evolving under balancing selection
364 were also analysed separately. Model selection was based on two methods. First, we used the
365 difference in corrected Akaike Information Criterion ($\Delta AICc$) calculated using the qpcR
366 package (Spiess and Spiess, 2018). Second, a model simplification using an ANOVA between
367 models was also performed.

368 We also tested an alternative model using the difference between Pn/Ps of immune genes and
369 control genes ($\Delta Pn/Ps$) as dependent variable, and species origin as explanatory variable. Under
370 the hypothesis of a relaxation in selection pressure on islands due to a change in the parasite
371 community, we expected the $\Delta Pn/Ps$ to be higher on island species compared to the mainland
372 ones and, therefore, the species origin (i.e., mainland or island) to be significant. In this model,
373 we used the Phylogenetic Generalized Least Squares model (PGLS; implemented in the “nlme”
374 packages; Pinheiro et al., 2017). This model assumed that the covariance between species
375 follows a Brownian motion evolution process along the phylogeny (implemented using the
376 “corBrownian” function from the “ape” package; Paradis and Schliep, 2019). The species
377 phylogeny was estimated using mitochondrial genes and a maximum likelihood inference
378 implemented in IQTREE (model GTR+Gamma and ultrafast bootstrap; Nguyen et al., 2014;
379 median of 11,134 bp analysed per species). The phylogeny with the bootstrap support is
380 provided as supplementary material.

381 All the statistical analyses were performed using R (R Core Team, 2018), and dplyr package
382 (Wickham, 2016). Graphical representations were done using ggplot2, ggrepel, ggpubr and
383 ggpmisc (Aphalo, 2020; Kassambara, 2018; Slowikowski et al., 2018; Wickham, 2016).

384

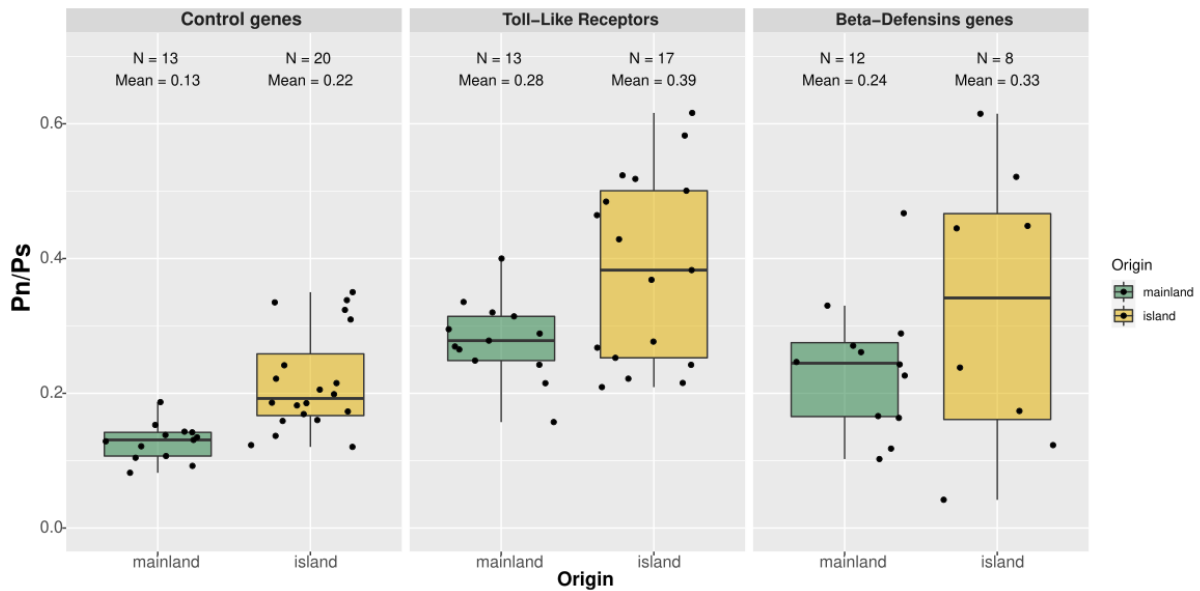
385 **Results**

386 For the 150 individuals (10 species with 15 individuals each) for which we generated new data
387 by targeted capture sequencing, an average of 3.3 million paired-ends reads per individual was
388 generated (Table S1). Additionally, we generated three new draft assemblies using 40x pair-
389 end illumina data for the species for which no closely related reference genomes were available.
390 N50 and total size were 1.11 Gb and 27.9 kb for *Cyanomitra olivaceus*; 1.10 Gb and 31.7 kb
391 for *Ploceus cucullatus* and 1.13 Gb and 14.3 kb for *Turdus pelios* respectively. After mapping,
392 genotyping and cleaning, we analysed 86 control and 16 immune genes on average per species,
393 out of the 141 targeted genes (120 control and 21 immune related genes; Table S4). For the
394 species with whole-genome sequences, we analysed 106 control and 20 immune genes on
395 average per species, out of the 141 targeted genes, and 875 and 688 genes on average in the
396 Database-group and Sma3s-group respectively (Table S4).

397 For the species for which full genome sequences were available, the Ps and Pn/Ps estimated
398 using the control genes reflect the Ps and Pn/Ps of the whole transcriptome (Figure S6).

399 *Population genetics of BD and TLR immune genes*

400 In order to characterize the selection regimes shaping the BD and TLR polymorphisms (Figure
401 3), we first analyzed the variation of Pn/Ps ratios among gene categories using a linear mixed
402 model.



403

404 **Figure 3:** Pn/Ps according to species origin (mainland in green and insular in orange) for different gene
 405 categories under purifying selection. The number of species (N), and the mean Pn/Ps are shown for each
 406 modality.

407 Model selection based on AICc as well as model selection approach based on simplification
 408 with ANOVA identified the model n° 2, including the origin (i.e., mainland or island) and gene
 409 category without interaction (Table 2). In this model, island origin of species is associated with
 410 a greater Pn/Ps (0.14 vs. 0.10; Table 3; $p < 0.01$). Gene categories corresponding to TLRs and
 411 BDs showed a significantly higher Pn/Ps than control genes (Table 3; $p < 0.001$). Our statistical
 412 analysis **confirmed** that island birds have a higher Pn/Ps ratio than mainland relatives, in
 413 agreement with the nearly-neutral theory of evolution. It also reveals that immune genes have
 414 a higher Pn/Ps than randomly selected control genes suggesting that BD and TLR evolve under
 415 a different selection regime than non-immune related genes.

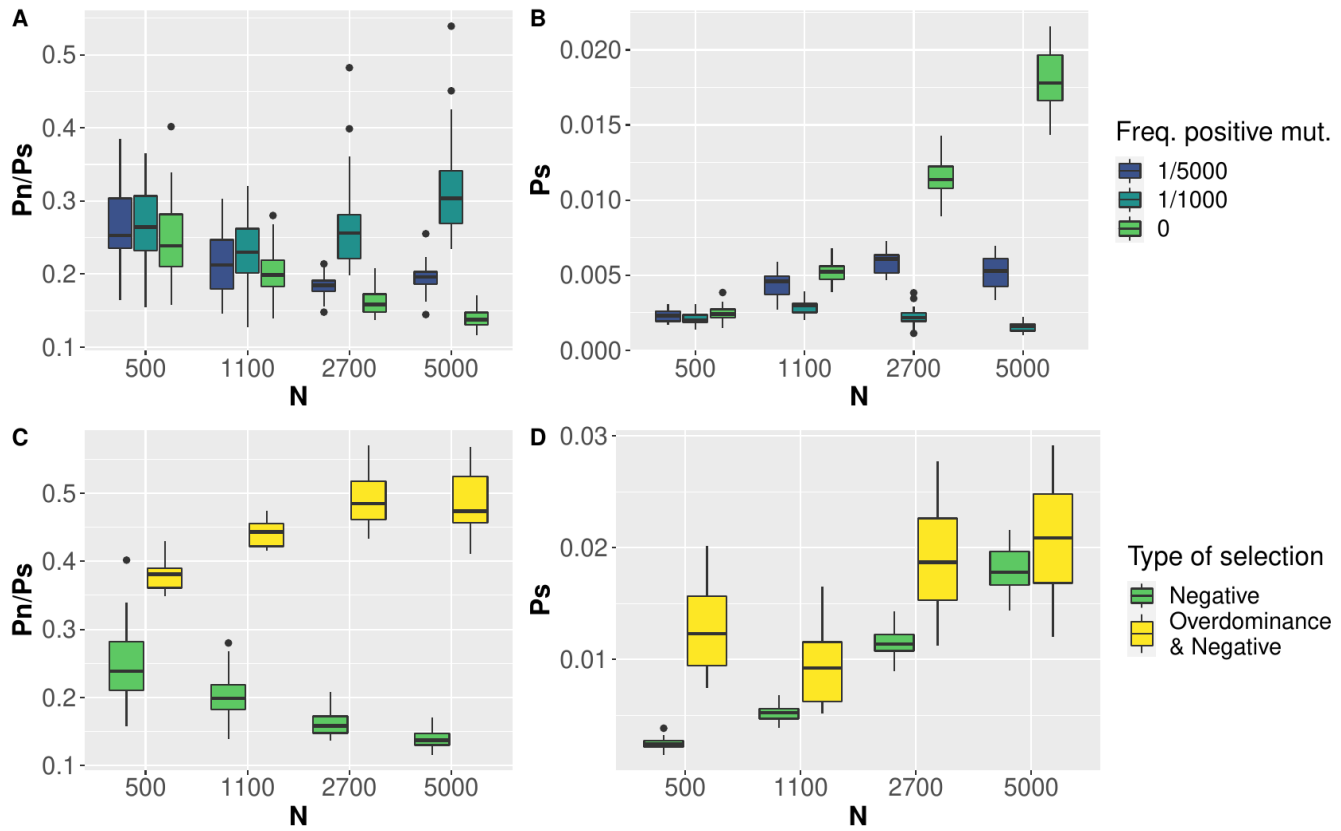
416 Next, we **investigated** the cause of the higher Pn/Ps of immune genes by testing three
 417 hypotheses. First, we **excluded** a bias due to a lower number of immune genes, and therefore
 418 higher variance in the estimation of Pn/Ps in immune genes. Immune genes still **had**
 419 significantly higher Pn/Ps compared to a random subsample of control genes of comparable
 420 size (Figure S8 & S9). Second, the Pn/Ps of immune genes could be inflated by positive
 421 selection. It is well known that immune genes are subject to frequent adaptation due to **arms**
 422 race evolution with pathogens (Enard et al., 2016; Shultz and Sackton, 2019; Velová et al.,
 423 2018). We **evaluated** the effect of positively selected genes on the Pn/Ps using SLiM
 424 simulations with both positively and negatively selected mutations. The presence of recurrent

425 positive selection could increase the Pn/Ps leading to a higher Pn/Ps in immune genes if this
426 category **was** more prone to adaptive evolution (Figure 4A). However, positive selection
427 always **led** to a drastic decrease in Ps due to genetic sweep effect at linked sites (Figure 4B).
428 BDs and TLRs **had** a slightly higher or similar Ps than control genes (Figure S9, mean Ps =
429 0.007, 0.004 and 0.003 for BDs, TLRs and control genes respectively, effect of gene category
430 $p < 0.1$) and, as a consequence, even if positive selection is likely to have impacted the
431 evolution of immune genes, it is not the cause of the higher Pn/Ps observed here. Third,
432 balancing selection could be present, at least temporarily, in the evolution of BDs and TLRs
433 genes (Kloch et al., 2018; Levy et al., 2020). Simulation analyses **confirmed** that balancing
434 selection causes an increase of Ps and Pn/Ps (Figure 4C & 4D). **However, a change in effective**
435 **population size had an opposite effect on the Pn/Ps according to whether selection was negative**
436 **or balancing**. In the presence of slightly deleterious mutations, Pn/Ps decreases with N_e
437 whereas it increases in the presence of balancing selection. Island birds **had** higher Pn/Ps ratios
438 than mainland birds for BDs and TLRs. Therefore, we can rule out balancing selection as the
439 main factor explaining the high Pn/Ps of immune genes because, in this case, Pn/Ps of island
440 birds should be lower. **Another** possible explanation is a relaxed selection of immune genes. It
441 is likely that immune genes are overall less constrained than the control genes. It has been
442 shown that evolutionary constraints are more related to gene expression than to function
443 (Drummond et al., 2005; Drummond and Wilke, 2008) and therefore, functionally important
444 genes could still have a high Pn/Ps.

445 Overall, our analyses do not support a strong impact of ongoing adaptive mutation or balancing
446 selection on BDs and TLRs. However, these immune genes do not evolve as random genes
447 (not involved in immune functions) and present a significantly higher Pn/Ps of 0.20 ($p < 0.001$
448 ; Table 3).

449 *No evidence of a reduced impact of the parasite communities on the polymorphism pattern of*
450 *immunes genes in island birds*

451 For BDs and TLRs, the best model selected includes the origin (i.e., mainland or island) and
452 gene category without interaction, **corresponding to model n°2** (see above and Table 2). This
453 model has no interaction between origin and gene categories invalidating the hypothesis of a
454 reduced parasite communities on **islands** (Figure 2).



456 **Figure 4:** Neutral polymorphism (P_s) and ratio of selected over neutral polymorphism (P_n/P_s) estimated
 457 from SLiM simulations. A) P_n/P_s as a function of population size, N and B) P_s as a function of N . In
 458 both A and B, colour indicates the frequency of positively selected mutation compare to deleterious
 459 mutation. C) P_n/P_s as a function of N and D) P_s as a function of N . In both C and D, yellow indicates
 460 simulations with overdominance mutation ($h = 1.2$) and negatively selected mutations and green
 461 indicates simulations with only negatively selected mutations.

462 **Table 2:** Statistical model explaining P_n/P_s variation of Toll-Like Receptors, Beta-Defensins genes, and
 463 control genes. The p-values of ANOVA test between simpler models are not reported if a more complex
 464 model explains a larger proportion of the variance.

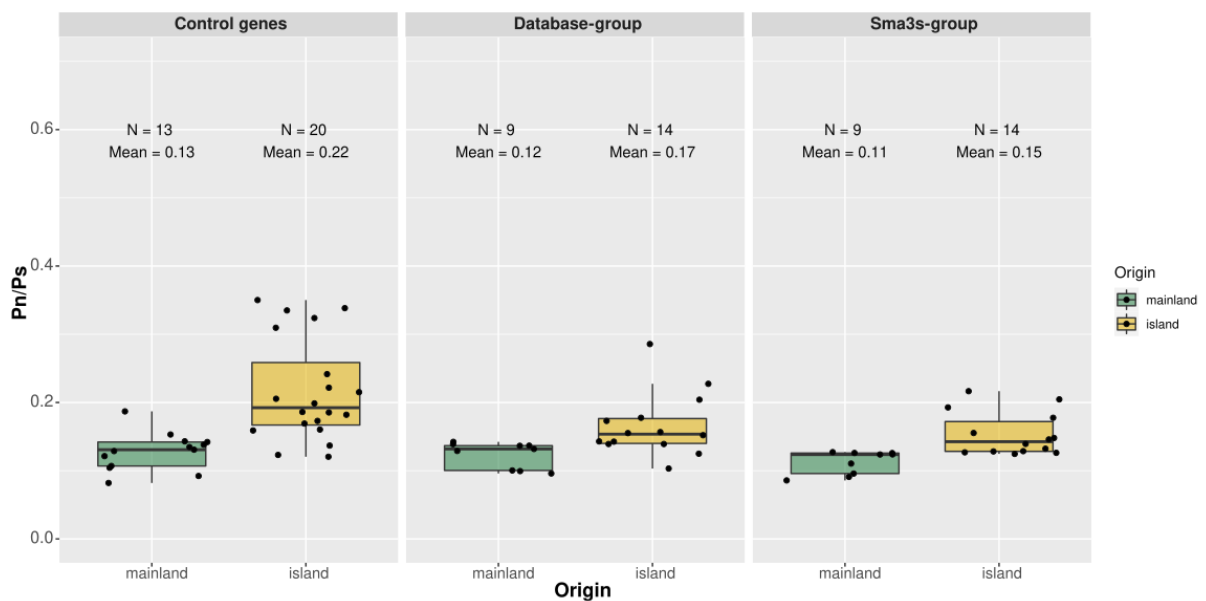
n°	Model Details	Model selection by AIC			ANOVA test			
		AICc	Δ AICc	Likelihood	n° 1	2	3	4
1	$P_n/P_s \sim 1 + \text{category} + \text{origin} + \text{category} * \text{origin}$	-5.39	8.83	0.01		0.63		
2	$P_n/P_s \sim 1 + \text{category} + \text{origin}$	-14.22	0	1			0.002	3.71E-05
3	$P_n/P_s \sim 1 + \text{category}$	-11.8	2.42	0.3				
4	$P_n/P_s \sim 1 + \text{origin}$	-6.83	7.39	0.02				
5	$P_n/P_s \sim 1$	-6.44	7.78	0.02				

465 **Table 3:** Summary of the **model n°2**, best statistical model selected using AICc explaining variation in
 466 Pn/Ps in control genes, Toll-Like receptors and Beta-Defensins genes under purifying selection with
 467 origin, gene category parameters. * indicates **significant values** : * < 0.05; ** < 0.01; *** < 0.001.

Model	Parameters		Estimate	P.value	
	Origin	Category			
<i>Origin and Intercept</i>	<i>mainland</i>	<i>Control genes</i>	<i>0.10</i>	<i>2.65E-02</i>	<i>*</i>
<i>Gene</i>	<i>island</i>		<i>0.14</i>	<i>4.56E-03</i>	<i>**</i>
<i>category</i>		<i>Toll-Like Receptors</i>	<i>0.20</i>	<i>7.43E-05</i>	<i>***</i>
<i>(n°2)</i>		<i>Beta-Defensins genes</i>	<i>0.20</i>	<i>3.16E-04</i>	<i>***</i>

468 For larger sets of genes, identified using an automatic pipeline and gene annotation, model
 469 selection based on AICc and simplification with ANOVA (Table S5, S8) identified models **n°4**
 470 that included origine parameters which associated a higher Pn/Ps of at least 0.07 for island
 471 species (p < 0.001; Table S6, S7, S9, S10, Figure 5). **Model selection** by simplification with
 472 ANOVA identified models **n°1** with interaction effect between origin and gene category
 473 associated with a reduced Pn/Ps for **TLR and BD** genes of island species that invalidate our
 474 hypothesis (Table S7, S10).

475 The alternative statistical approach using the difference between Pn/Ps of immune genes and
 476 control genes (Δ Pn/Ps) as dependent variable, and species origin as explanatory variable under
 477 a PGLS framework lead to similar results. Island was never associated to a statistically higher
 478 Δ Pn/Ps (table S2) providing no support for an increased relaxed selection of immune genes in
 479 island species.

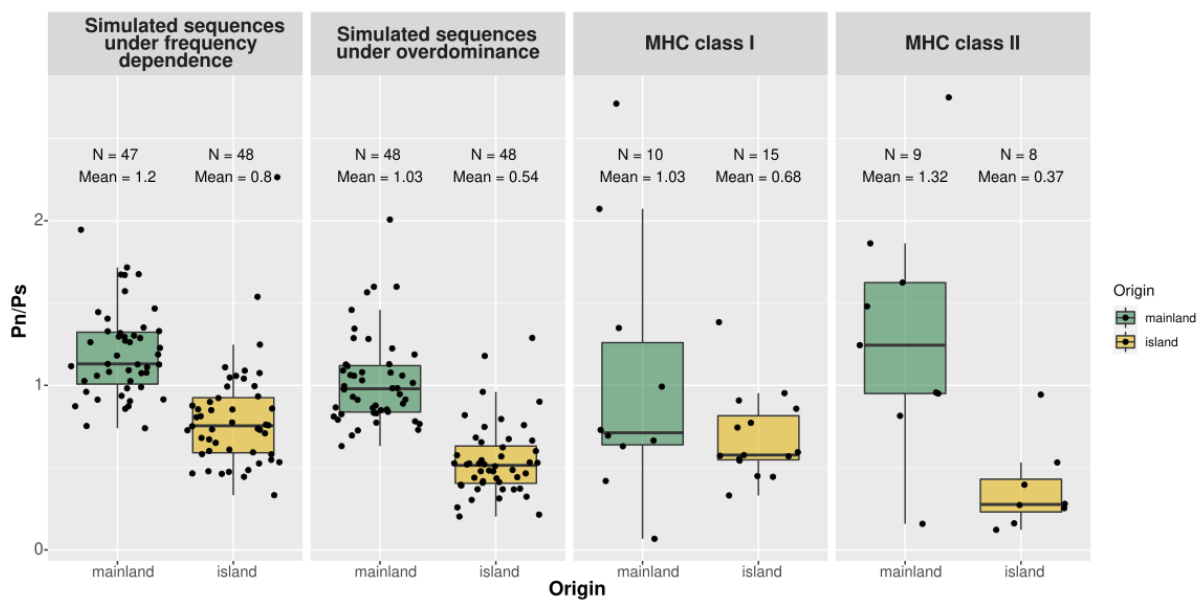


480
 481 **Figure 5:** Boxplot of Pn/Ps according to species origin (mainland in green and insular in orange) for

482 different gene categories under purifying selection. The number of individuals (N), and the mean Pn/Ps
483 are shown for each modality.

484 *Genes under balancing selection*

485 First, we estimated the effect of population size variation on the Pn/Ps of the genes evolving
486 under balancing selection by simulating sequences under frequency dependent or
487 overdominance selection using SLiM (see Methods and Supplementary Methods). The
488 simulation under frequency **dependent** selection revealed an average Pn/Ps equal to 0.8 for
489 island species and 1.2 for mainland species (Figure 6). Under overdominance, simulated
490 sequences from island and mainland populations respectively have an average Pn/Ps equal to
491 0.54 and 1.03 (Figure 6).



492

493 **Figure 6:** Boxplot of Pn/Ps according to species origin (mainland in green and insular in orange) for
494 different gene categories under balancing selection. The number of species (N), and the mean Pn/Ps are
495 shown for each modality. The control groups correspond to the results obtained from simulated
496 sequence via SLiM (see Methods and Supplementary Methods Simulation of control genes under
497 balancing selection).

498 Using simulations under frequency **dependent** selection as well as simulations under the
499 overdominance, model selection by AIC identifies the model **n°4** with origin, contrary to the
500 method by simplification with ANOVA which identified the full model (**model n°1**) therefore
501 including significant interaction between origin and genes category (Table 4). This interaction
502 effect is significant for the MHC II ($p < 0.05$, Table S12) but not for MHC I. As expected,

503 island species have a significantly lower Pn/Ps in MHC genes compared to mainland species
 504 ($p < 0.01$; except for the full model based on control genes evolving under overdominance
 505 Table S12).

506 Table 4: Statistical model explaining Pn/Ps variation of genes under balancing selection (i.e MHC class
 507 I and II), and simulated sequences under i) frequency [dependent](#) or ii) overdominance. The p-values of
 508 ANOVA test between simpler models are not reported if a more complex model explains a larger
 509 proportion of the variance.

Type of balancing selection	Model		Model selection by AIC			ANOVA test			
	n°	Details	AICc	Δ AICc	Likelihood	n°1	2	3	4
Frequency dependent	1	Pn/Ps~1+ category +origin+ category *origin	157.17	5.62	0.06		0.019		
	2	Pn/Ps~1+ category +origin	157.85	6.31	0.04				
	3	Pn/Ps~1+ category	187.58	36.04	0.00				
	4	Pn/Ps~1+ origin	151.54	0.00	1.00				
	5	Pn/Ps~1	180.52	28.97	0.00				
Overdominance	1	Pn/Ps~1+ category +origin+ category *origin	140,56	8,50	0,01		0.024		
	2	Pn/Ps~1+ category +origin	140,56	8,50	0,01				
	3	Pn/Ps~1+ category	185,91	53,85	0,00				
	4	Pn/Ps~1+ origin	132,05	0,00	1,00				
	5	Pn/Ps~1	177,54	45,49	0,00				

510

511 **Discussion**

512 On oceanic islands, the depauperate parasite community is expected to lead to a relaxation of
 513 selection on the immune system. In this study, we found support for such an effect, but only on
 514 MHC class II genes and using simulated sequences under balancing selection as control. No
 515 effect was detected for MHC class I genes nor for innate immune genes (TLRs and BDs),
 516 evolving under purifying selection. On these sets [of genes](#), increased drift effects on island
 517 populations limit the efficacy of selection in accordance with the nearly-neutral theory (Ohta,

518 1992). The ability to distinguish between the selective and nearly-neutral processes (relaxed
519 selection due to environmental change vs. drift) could only be achieved by our approach of
520 using random genes (i.e., “control genes”) to estimate the genome-wide effect of potential
521 variation in effective population size between populations.

522 *Effects of effective population size variation*

523 Our results support the nearly-neutral theory of evolution for those genes under purifying
524 selection, whereby strong genetic drift acting on small island populations reduces the efficacy
525 of natural selection, leading to an increase in non-synonymous nucleotide diversity compared
526 to the mostly neutral, synonymous nucleotide diversity (i.e., Pn/Ps; Ohta, 1992). This is
527 materialized by a genome-wide increase in frequency of weakly deleterious mutations
528 (Kutschera et al., 2020; Leroy et al., 2021b; Loire et al., 2013; Robinson et al., 2016; Rogers
529 and Slatkin, 2017).

530 For genes evolving under balancing selection, we performed simulations under the hypotheses
531 of overdominance (heterozygote advantage) or frequency-dependent (rare allele advantage).
532 Our results showed reduced Pn/Ps for smaller population sizes (Figure 6, S10, S11). This
533 simulation confirmed our expectations (Figure 2) that a reduction in the efficacy of selection
534 results in a decrease in the frequency of non-synonymous polymorphism, as, under normal
535 circumstances, selection maintains those mutations at intermediate frequencies. It also matches
536 what we obtained for the empirical results, where both MHC classes I and II had a reduced
537 Pn/Ps in island birds. This result supports that the fitness effect of having non-synonymous
538 polymorphisms segregating at high frequencies is not strong enough to counteract entirely the
539 effect of genetic drift on islands.

540

541 *Effects of selection on immune genes*

542 For immune genes, we tried to characterize the nature of the selection acting on BDs and TLRs
543 genes. Comparing those genes with control genes and using simulations, we were able to rule
544 out that directional positive selection and balancing selection had a major impact shaping the
545 polymorphism of these immune genes. In contrast, the pattern of Pn/Ps between island and
546 mainland populations is in line with the effect of purifying selection in the presence of slightly
547 deleterious mutations. However, no effect was detected on insular species, beyond what could

548 be attributed to genetic drift. This is in line with the result of Gonzalez-Quevedo et al. (2015b)
549 and Grueber et al. (2013) who found that TLR genetic diversity was mostly influenced by
550 genetic drift. At first sight, this result seems not in line with the fact that island parasite
551 communities are less diverse (Beadell et al., 2006; Loiseau et al., 2017; Maria et al., 2009;
552 Pérez-Rodríguez et al., 2013; but see Illera et al., 2015). However, a reduced **number of**
553 **pathogens** has also been found to be associated with a higher prevalence in birds and reptiles
554 from the Macaronesian archipelago (Illera and Perera, 2020). Therefore, these two patterns, i.e.
555 a less diverse pathogen's community on islands with a higher prevalence, could still imply a
556 strong selection pressure on immune genes.

557 In contrast, for MHC genes that unambiguously evolve under balancing selection, MHC class
558 II genes presented a reduction in non-synonymous polymorphism larger than the effects of drift
559 alone, when simulated sequences are used as control. This was the only case where a role for
560 relaxed selection pressures in the molecular evolution of immune genes could be invoked.

561 Our results are in accordance with the hypothesis of Lee (2006), which proposes that innate
562 and acquired immunity may exhibit distinct responses to changes in pressures due to different
563 costs and benefits. However, **they contrast** with the study of Santonastaso et al. (2017) that
564 identified no change in selection pressures on MHC II genes in a lizard species **and concluded**
565 that their evolution was mostly governed by drift. Similarly, Agudo et al. (2011) also found a
566 prominent role for genetic drift over selection in the evolution of MHC II genes in the Egyptian
567 vulture (*Neophron percnopterus*).

568 Our results rely on simulations that may be affected by the choice of the parameter values.
569 First, we performed simulations using a fixed effective population size (N_e) estimated from the
570 polymorphism data. Using others values of N_e had a weak impact on the relative difference
571 between island and mainland species for the overdominance type of selection (Figure S10,
572 S11). Secondly, we simulated two types of selection, namely overdominance (Doherty and
573 Zinkernagel, 1975) and frequency-**dependent** (Slade and McCallum, 1992), but it has been
574 argued that the maintenance of MHC polymorphism could be the result of fluctuating selection
575 (Hill, 1991). Additionally, recombination has also been put forward as a mechanism
576 responsible for generating diversity (Spurgin et al., 2011). Therefore, our results for the MHC
577 II **genes**, which is based on the relative difference between P_n/P_s of island and mainland species
578 comparing empirical and simulated data, should be taken cautiously as their significance can

579 be dependent on the specific parameters that we used, although we did our best to select a
580 realistic range of parameters.

581 The observed difference between MHC class I and II could be explained by their different
582 pathogen targets: MHC class I genes are primarily involved in the recognition of intracellular
583 pathogens (Kappes and Strominger, 1988), while MHC class II genes are directly involved in
584 the recognition of extracellular pathogens (Bjorkman and Parham, 1990). These differences
585 could lead to variable selection pressures depending on the extracellular versus intracellular
586 parasite communities present on islands. In addition, the relaxed selection pressures on MHC
587 II genes from adaptive immunity is in line with a reduction in acquired immunity parameters
588 found by Lobato et al. (2017).

589 **Future work should take into account** that there is an extensive variation in the number of MHC
590 gene copies across the avian phylogeny (Minias et al., 2019; O'Connor et al., 2020).
591 Particularly, it was recently discovered that Passerines have a very dynamic evolution of
592 duplication/loss events compared to other birds (Minias et al., 2019). Here, we used the two
593 copies of MHC gene I and II currently annotated in the collared flycatcher genome as target
594 sequences for our targeted-capture sequencing. The future improvement of genome assembly,
595 **resulting from** the development of long-reads technology (Peona et al., 2021, 2018), **should**
596 **help to** annotate **with increased precision** all MHC copies and to study the whole repertoire of
597 MHC genes.

598 *Consequences of drift and selection on immunity*

599 The potential relaxation of the natural selection acting on immune genes in island species is
600 expected to reduce immune functions and increase susceptibility of island populations to
601 pathogens. This is true even if this relaxation is only the consequence of a reduction in the
602 effective population size and not caused by a reduction of the pressure exerted by the parasitic
603 community. This is in line with the results of Hawley et al. (2005) and Belasen et al. (2019)
604 who showed that a decrease in diversity of immune loci (MHC II or through immune proxy)
605 was associated with a reduction in immune functions. It should be noted that even if migration
606 rate is reduced on islands, sedentary and endemic island species are not completely free from
607 the exposure of exogen pathogens through migratory birds (Levin et al., 2013).

608 As a final remark, we would like to stress that more research is needed (i) to ascertain both
609 selection pressures on innate and adaptive immune responses and the load of deleterious

610 mutations due to drift, also identified by an increasing body of work (Loire et al., 2013;
611 Robinson et al., 2016; Rogers and Slatkin, 2017; Kutschera et al., 2020; Leroy et al., 2021b),
612 and (ii) to **better** describe island parasite communities. To date, most of the studies investigated
613 intracellular parasite communities on islands, and more specifically haemosporidian parasites,
614 avian pox and coccidian parasites (Cornuault et al., 2012; Illera et al., 2015, 2008; Ishtiaq et
615 al., 2010; Loiseau et al., 2017; Martinez et al., 2015; Padilla et al., 2017; Pérez-Rodríguez et
616 al., 2013; Silva-Iturriza et al., 2012), whereas very few evaluated the extracellular parasite
617 diversity, such as helminths (Nieberding et al., 2006, but see the review of Illera and Perera
618 2020 for reptiles). Metabarcoding of parasites is a new technique to evaluate at the same time
619 both communities of intracellular and extracellular parasites (Bourret et al., 2021) and might
620 therefore be a promising approach to **compare** their communities in island and mainland
621 populations.

622 *Conclusion*

623 Our comparative population genomics study has investigated the combined effects of drift and
624 selection on immune genes from island and mainland passerines. The study of synonymous
625 and non-synonymous polymorphism of these genes confirmed that island species, with smaller
626 population sizes than their mainland counterparts, were more impacted by drift, which induces
627 a load of weakly deleterious mutations in their genome. Indeed most of the genes studied here
628 involved in the immune response do not show a statistically different pattern from control
629 genes. Only MHC II genes, involved in the recognition of extracellular pathogens, showed a
630 reduction in their non-synonymous polymorphism in island species. This response, which may
631 be attributed to reduced selection pressures on these genes, could be associated with the
632 suspected reduced parasitic communities on islands. The increased load of deleterious
633 mutations as well as the potential relaxed selection pressures on MHC II support the reduced
634 immune functions of island species, which could be added to the list of other convergent
635 responses of the island syndrome.

636 *Data availability*

637 Datasets, scripts, supplementary figures and texts are available on figshare :
638 <https://figshare.com/s/ab7004cc2f4415b4058f>. The reads newly generated for this study have
639 been deposited in the NCBI Sequence Read Archive under the bioproject PRJNA724656.

640

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