

Reduction in population size and not a shift in parasite community affect evolution of immune genes in island birds

**Mathilde BARTHE^{1*}, Claire DOUTRELANT², Rita COVAS³⁻⁵, Martim MELO³⁻⁵,
Juan Carlos ILLERA⁶, Marie-Ka TILAK¹, Constance COLOMBIER¹, Thibault LEROY^{1,7},
Claire LOISEAU^{2,3a}, Benoit NABHOLZ^{1,8a}**

¹ ISEM, Univ Montpellier, CNRS, IRD, Montpellier, France

² Centre d'Ecologie Fonctionnelle et Evolutive, CNRS, Univ Montpellier, EPHE, IRD, Montpellier, France

³ CIBIO, Research Centre in Biodiversity and Genetic Resources, InBIO Associated Laboratory, Campus Agrário de Vairão, Vairão, Portugal

⁴ MHNC-UP, Natural History and Science Museum of the University of Porto, Porto, Portugal

⁵ DST/NRF Centre of Excellence, FitzPatrick Institute, University of Cape Town, Rondebosch, South Africa

⁶ Biodiversity Research Institute (CSIC-Oviedo University-Principality of Asturias), Oviedo University, Mieres, Spain

⁷IRHS-UMR1345, Université d'Angers, INRAE, Institut Agro, SFR 4207 QuaSaV, 49071, Beaucouzé, France

⁸Institut universitaire de France, Paris

* Corresponding author : mathilde.barthe.pro@gmail.com

^a Last co-authors

1 **Abstract**

2 Shared ecological conditions encountered by species that colonize islands often lead to the
3 evolution of convergent phenotypes, commonly referred to as “island syndrome”. Reduced
4 immune functions have been previously proposed to be part of the island syndrome, as a
5 consequence of the reduced diversity of pathogens on island ecosystems. According to this
6 hypothesis, immune genes are expected to exhibit genomic signatures of relaxed selection
7 pressure in island species. In this study, we used comparative genomic methods to study
8 immune genes in island species (N = 20) and their mainland relatives (N = 14). We gathered
9 public data as well as generated new data on innate (Toll-Like Receptors, Beta Defensins)
10 and acquired immune genes (Major Histocompatibility Complex classes I and II), but also on
11 hundreds of genes annotated as involved in various immune functions. As a control, we used
12 a set of 97 genes not involved in immune functions, to account for the lower effective
13 population sizes in island species. We used synonymous and non-synonymous variations to
14 estimate the selection pressure acting on immune genes. For the genes evolving under
15 balancing selection, we used simulation to estimate the impact of population size variation.
16 We found a significant effect of drift on immune genes of island species leading to a reduction
17 in genetic diversity and efficacy of selection. However, the intensity of relaxed selection was
18 not significantly different from control genes, except for MHC class II genes. These genes
19 exhibit a significantly higher level of non-synonymous loss of polymorphism than expected
20 assuming only drift and an evolution under frequency dependent selection, possibly due to a
21 reduction of extracellular parasite communities on islands. Overall, our results showed that
22 demographic effects lead to a decrease in the immune functions of island species, but the
23 relaxed selection caused by a reduced parasite pressure may only occur in some immune
24 genes categories.

25 **Keywords:** genetic drift, island evolution, immunity, Toll-Like Receptors, Beta-Defensins,
26 major histocompatibility complex, molecular evolution, population genomics

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33 **Introduction**

34 Island colonizers face new communities of competitors, predators and parasites in a small
35 area with limited resources, which generally result in high extinction rates of colonizers (Losos
36 and Ricklefs 2009). Oceanic island faunas are characterized by a low species richness,
37 coupled with high population densities for each species (MacArthur and Wilson 1967; Warren
38 et al. 2015) - which translates in communities with, on average, low levels of inter-specific
39 interaction and high levels of intra-specific competition (but see Rando et al. 2010 for an
40 example of character displacement due to competition among island finch species). These
41 shared island characteristics are thought to underlie the evolution of convergent phenotypes,
42 in what is called the 'island syndrome' (Baeckens and Van Damme 2020). Convergence has
43 been documented in multiple traits, such as size modification (dwarfism or gigantism; Lomolino
44 2005), reduction of dispersal (Bertrand et al. 2014; Waters et al. 2020), shift towards K life
45 history strategies (MacArthur and Wilson 1967; Boyce 1984; Covas 2012), evolution of
46 generalist traits (Blondel 2000; Warren et al. 2015), or changes in colour and acoustic signals
47 (Grant 1965; Doutrelant et al. 2016).

48 Reduced immune function has also been hypothesized as an island syndrome trait, directly
49 linked to reduced parasite pressure on islands (Wikelski et al. 2004; Matson and Beadell 2010;
50 Lobato et al. 2017). Island parasite communities are i) less diverse (Beadell et al. 2006; Maria
51 et al. 2009; Pérez-Rodríguez et al. 2013; Illera et al. 2015; Loiseau et al. 2017), and ii) could
52 be less virulent due to the expansion of the ecological niche expected by the theory of island
53 biogeography. In fact, island parasites are generally more generalists than their mainland
54 counterparts, which could lead to a reduced virulence due to the trade-off between replication
55 capacity and resistance against host immune defenses (Hochberg and Møller 2001;
56 Garamszegi 2006; Pérez-Rodríguez et al. 2013). Overall, a reduction of parasitic pressure
57 should lead to a weakening of the immune system due to the costs of maintaining efficient
58 immune functions (Lindström et al. 2004; Wikelski et al. 2004; Matson and Beadell 2010).
59 Such reduction may have important implications for the ability of these populations to resist or
60 tolerate novel pathogens. The introduction of avian malaria in the Hawaiian archipelago, and
61 the subsequent extinctions and population declines of many endemic species is the most
62 emblematic example (Van Riper III et al. 1986; Wikelski et al. 2004).

63 Immunological parameters, such as blood leukocyte concentration, antibodies or other
64 immune proteins (e.g. haptoglobin), hemolysis, and hemagglutination (Lee 2006; Matson and
65 Beadell 2010) may serve as proxies to determine population immune functions. To date, the

66 majority of studies that focused on island avifauna have found ambiguous results, with either
67 no support for a reduced immune response on island species (Matson 2006; Beadell et al.
68 2007), or contrasted results, such as a lower humoral component (total immunoglobulins) on
69 islands, but a similar innate component (haptoglobin levels) between island and mainland
70 species (Lobato et al. 2017). The use of immune parameters as proxies of immune function is
71 fraught with difficulties (Lobato et al. 2017). The study of molecular evolution of immune genes
72 therefore represents an alternative strategy to tackle this question. However, it is necessary
73 to distinguish neutral effects, the demographic effects resulting from island colonization, from
74 selective ones, the potential relaxation of selection pressures due to the changes in the
75 pathogen community.

76 First, the bottleneck experienced by species during island colonization leads to a decrease in
77 genetic variability (Frankham 1997). A reduced genetic diversity at loci involved in immunity
78 should have a direct implication on immune functions (Hawley et al., 2005; Hale & Briskie,
79 2007 but see Spurgin et al. 2011). Second, small population sizes increase genetic drift, which
80 may counteract the effect of natural selection of **low-effect mutations**, especially weakly
81 deleterious mutations (Ohta 1992). Several recent studies found a greater load of deleterious
82 mutations in island species (Loire et al. 2013; Robinson et al. 2016; Rogers and Slatkin 2017;
83 Kutschera et al. 2020; Leroy et al. 2021). Finally, it is necessary to differentiate genes involved
84 in the innate versus the acquired immune response. The innate immune response is the first
85 line of defense and is composed of phagocytes, macrophages and dendritic cells. These cells
86 allow non-specific recognition of pathogens (Alberts et al. 2002; Akira 2003). For example,
87 Toll-Like Receptors (TLR; transmembrane proteins) trigger a chain reaction leading to the
88 production of various substances, including antimicrobial peptides such as beta-defensins
89 (BD) that have active properties in pathogen cell lysis (Velová et al. 2018). On the other hand,
90 the acquired immune system allows a specific response, characterized by immune memory.
91 Major Histocompatibility Complex (MHC) genes code for surface glycoproteins that bind to
92 antigenic peptides, and present them to the cells of the immune system; class I and II genes
93 ensure the presentation of a broad spectrum of intra- and extracellular-derived peptides,
94 respectively (Klein 1986). Although all these genes are directly involved in the identification
95 and neutralization of pathogens, previous studies found that they evolve under different
96 selection regimes: TLRs and BDs are under purifying selection which usually results in the
97 selective removal of deleterious alleles and stabilizing selection (van Dijk et al. 2008; Grueber
98 et al. 2014), whereas MHC genes are under balancing selection (Bernatchez and Landry
99 2003).

100 Recent studies on birds (Gonzalez-Quevedo, et al. 2015a; Gonzalez-Quevedo, et al. 2015b),
101 amphibians (Belasen et al. 2019), and lizards (Santonastaso et al. 2017) found that the
102 demographic history of island populations led to the loss of genetic variation at immune genes
103 involved in pathogen recognition, such as TLRs and MHC. For example, Santonastaso et al.,
104 (2017) demonstrated that the polymorphism pattern in MHC genes and microsatellites covary
105 positively with island area in Podarcis lizards, suggesting a dominant role for genetic drift in
106 driving the evolution of the MHC. Gonzalez-Quevedo, et al. (2015a) found a similar pattern
107 comparing TLR and microsatellite polymorphism in the Berthelot pipit, *Anthus berthelotii*, an
108 endemic species from the Macaronesian archipelago, supporting a predominant role of
109 genetic drift in TLR evolution. However, these studies did not explicitly test the hypothesis of
110 a relaxed selection pressure on islands imposed by an impoverished parasite community. All
111 other things being equal, it is expected that the polymorphism pattern of a coding sequence
112 decreases with population size (Buffalo 2021; Leroy et al. 2021). Therefore, a decrease in
113 polymorphism with population size could not be taken as a proof of a relaxation in the selection
114 pressure.

115 Here, we study a dataset of 34 bird species (20 insular and 14 mainland species; Figure 1)
116 combining the 24 species of Leroy et al. (2021) and 10 newly generated by targeted-capture
117 sequencing (Table 1). To be able to demonstrate a change in natural selection, a traditional
118 approach is to contrast polymorphism of synonymous sites (P_s) with polymorphism of non-
119 synonymous sites (P_n). Synonymous mutations refer to mutations that do not alter amino acid
120 sequences, whereas non-synonymous mutations do. Assuming no selection on P_s and a
121 population at equilibrium, $P_s = 4 * N_e * \mu$ where N_e is the effective population size and μ the
122 mutation rate, and $P_n = 4 * N_e * \mu * f$, where f is a function that depends on the distribution of the
123 fitness effect (DFE) of mutations and integrates the probability of an allele to segregate at a
124 given frequency, ranging from 0 to 1 (Sawyer and Hartl 1992). The DFE describes the density
125 probability of the selective advantage of an allele (s); the fixation probability of a non-
126 synonymous allele is therefore dependent on the product $N_e * s$ (Kimura 1962). In this context,
127 the ratio P_n/P_s is typically interpreted as the result of a change in natural selection.

128 If the average selection coefficient (s) changes due to shifts in the parasitic community, the
129 ratio P_n/P_s could **have been** expected to increase on the island. However, the fixation
130 probability depends on the product $N_e * s$, and a variation in N_e is also expected to impact the
131 efficacy of selection and thus the ratio P_n/P_s across the entire transcriptome, particularly in
132 the presence of slightly deleterious mutations (Ohta 1992; Charlesworth and Eyre-Walker
133 2008; Loire et al. 2013; Leroy et al. 2021). Therefore, we predict a significant effect of drift on
134 island species leading to a genome-wide reduction in genetic diversity and efficacy of

135 selection, as reported by previous studies. In addition, due to their lower population sizes,
136 island birds compared to continental species exhibit a genome-wide reduction in genetic
137 diversity and efficacy of selection (Kutschera et al. 2020; Leroy et al. 2021). Therefore, we
138 expect a similar reduction in immune genes diversity even without any change in the parasite
139 pressure.

140 To disentangle the effect of population size from a change in parasite pressure and estimate
141 the impact of demography on the efficacy of selection, we randomly selected protein-coding
142 genes (i.e., control genes) implied in various biological functions (Fijarczyk et al. 2016; Leroy
143 et al. 2021). If a reduced parasite pressure on islands directly impacts the evolution of
144 immunity genes, the genetic diversity of immunity genes is expected to show a larger variation
145 between island and continental species than the control genes. More specifically, for genes
146 under purifying selection, non-synonymous weekly deleterious mutations, normally eliminated
147 under strong selection, would be maintained, leading to an increase of genetic diversity. By
148 contrast, for genes under balancing selection, non-synonymous advantageous mutations,
149 normally maintained in the polymorphism under strong selection, would be eliminated leading
150 to a decrease of genetic diversity (Figure 2).

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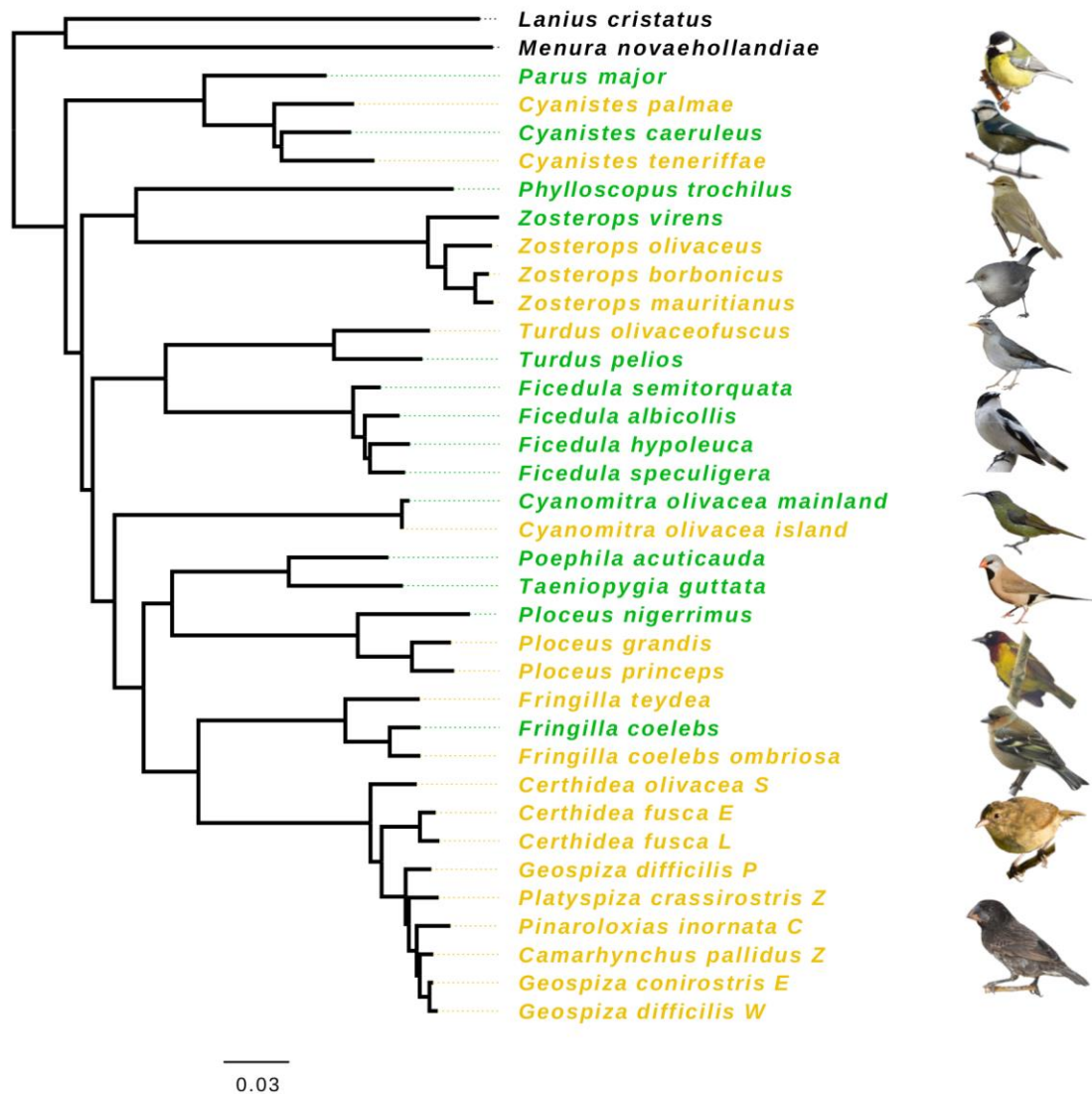
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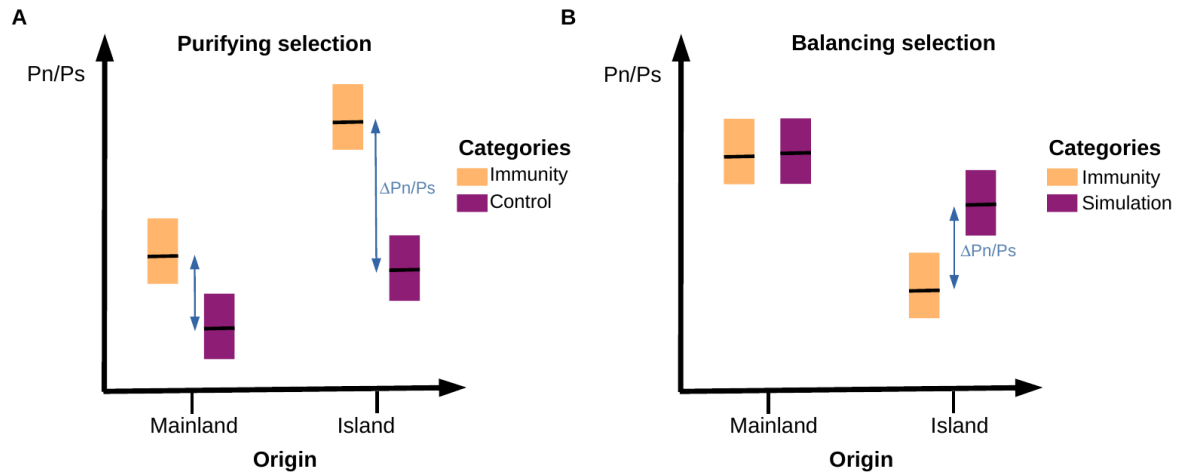
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 159 **Figure 1:** Phylogeny based on mitochondrial genes of species from the dataset reconstructed by
 160 maximum likelihood method (IQTREE model GTR+Gamma). Species names in yellow indicate island
 161 species, and in green, mainland species. Ultrafast bootstrap values are provided in the supplementary
 162 methods. Some relationships are poorly supported. Bird representations are not to scale. Photos from
 163 top to bottom : *P. major*, *C. caeruleus*, *P. trochilus*, *Z. borbonicus*, *T. pelios*, *F. albicollis*, *C. olivacea*, *P.*
 164 *acuticauda*, *P. grandis*, *F. coelebs*, *C. fusca*, *G. conirostris*. Photo credits: A. Chudý, F. Desmoulins, E.
 165 Giacone, G. Lasley, Lianaj, Y. Lyubchenko, B. Nabholz, J.D. Reynolds, K. Samodurov, A. Sarkisyan,
 166 Wimvz, Birdpics, T. Aronson, G. Lasley, P. Vos (iNaturalist.org); M. Gabrielli (*Zosterops borbonicus*).

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172 **Figure 2:** Conceptual diagram showing the expected results under the hypothesis of a relaxation in the
173 selection pressure of the immunity genes in island species due to a change in the parasitic community.
174 A) Genes evolving under purifying selection where control genes are randomly selected protein-coding
175 genes. B) Genes evolving under balancing selection where controls are obtained from SLiM simulations
176 of genes evolving under the same balancing selection but different population size. Under the
177 hypothesis of a relaxed selection as a consequence of the reduced diversity of pathogens on island
178 ecosystems, the difference in Pn/Ps between categories ($\Delta Pn/Ps$) is expected to be different between
179 species' origin, leading to a statistical interaction between gene categories and origin.

180

181 **Methods**

182 **Dataset**

183 Alignments of Coding DNA Sequences (CDS) of individuals from 24 species were obtained
184 from Leroy et al., (2021). In addition, data for ten other species (six and four from islands and
185 mainland, respectively) were newly generated for this study by targeted-capture sequencing.
186 Blood samples and subsequent DNA extractions were performed by different research teams.
187 The complete dataset consisted of 34 bird species (20 and 14 insular and mainland species
188 respectively; Table 1; Figure 1). We filtered alignments in order to retain only files containing
189 a minimum of five diploid individuals per site (Table 1).

190 Sequence enrichment was performed using MYBaits Custom Target Capture Kit targeting 21
191 immune genes: 10 Toll-Like receptors (TLR), 9 Beta Defensins (BD), 2 Major
192 Histocompatibility Complex (MHC) and 97 control genes. We followed the manufacturer's
193 protocol (Rohland and Reich 2012). Illumina high-throughput sequencing using a paired-end
194 150 bp strategy was performed by Novogene (Cambridge, UK).

195

196 **Table 1:** List of species and sampling localities, along with the type of data obtained and the
 197 number of individuals (N).

Species	Origin	Island/Country	N	Reference genome	Reference	Type of data
<i>Cyanistes teneriffae palmae</i>	Island	La Palma	15			
<i>Cyanistes teneriffae teneriffae</i>	Island	Tenerife	15	<i>Cyanistes caeruleus</i>	This study	Capture
<i>Cyanistes caeruleus</i>	Mainland	France	15			
<i>Parus major</i>	Mainland	Europe	10	<i>Parus major</i>	(Corcoran et al. 2017)	Whole genome
<i>Phylloscopus trochilus</i>	Mainland	Europe	9	<i>Phylloscopus trochilus</i>	(Lundberg et al. 2017)	Whole genome
<i>Zosterops virens</i>	Mainland	South Africa	7			
<i>Zosterops olivaceus</i>	Island	Réunion	15	<i>Zosterops borbonicus</i>	(Leroy et al. 2021)	Whole genome
<i>Zosterops mauritanus</i>	Island	Mauritius	9			
<i>Zosterops borbonicus</i>	Island	Réunion	25			
<i>Ficedula semitorquata</i>	Mainland	Europe	20	<i>Ficedula albicollis</i>	(Ellegren et al. 2012)	Whole genome
<i>Ficedula albicollis</i>	Mainland	Europe	20			
<i>Ficedula speculigera</i>	Mainland	Nord Africa	20			
<i>Ficedula hypoleuca</i>	Mainland	Europe	20			
<i>Turdus olivaceofuscus</i>	Island	São Tomé	15	<i>Turdus pelios</i>	This study	Capture
<i>Turdus pelios</i>	Mainland	Gabon	15			
<i>Cyanomitra olivacea</i>	Island	Príncipe	15	<i>Cyanomitra olivacea</i>	This study	Capture
<i>Cyanomitra olivacea</i>	Mainland	Gabon	15			
<i>Ploceus grandis</i>	Island	São Tomé	14	<i>Ploceus cuculatus</i>	This study	Capture
<i>Ploceus princeps</i>	Island	Príncipe	15			
<i>Ploceus nigerrimus</i>	Mainland	Cameroon Gabon	15			
<i>Poephila acuticauda acuticauda</i>	Mainland	Australia	10	<i>Taeniopygia guttata</i>	(Singhal et al. 2015)	Whole genome
<i>Taeniopygia guttata castanotis</i>	Mainland	Australia	19			
<i>Fringilla teydea</i>	Island	Tenerife	10	<i>Fringilla coelebs</i>	(Leroy et al. 2021)	Whole genome
<i>Fringilla coelebs palmae</i>	Island	La Palma	15			
<i>Fringilla coelebs</i>	Mainland	Spain	9			
<i>Certhidea olivacea</i>	Island	Santiago (Galápagos)	5			
<i>Certhidea fusca</i>	Island	San Cristobal (Galápagos)	10			
<i>Certhidea fusca</i>	Island	Espanola (Galápagos)	10			
<i>Geospiza difficilis</i>	Island	Pinta (Galápagos)	10			
<i>Platyspiza crassirostris</i>	Island	Santa Cruz (Galápagos)	5	<i>Geopsiza fortis</i>	(Lamichhaney et al. 2015)	Whole genome
<i>Pinaroloxias inornata</i>	Island	Coco (Galápagos)	8			
<i>Camarhynchus pallidus</i>	Island	Santa Cruz (Galápagos)	5			
<i>Geospiza difficilis</i>	Island	Wolf (Galápagos)	8			
<i>Geospiza conirostris</i>	Island	Espanola (Galápagos)	10			

199

200 *Newly generated draft genome sequence*

201 We generated whole genome sequences at moderate coverage (~40X) for *Turdus pelios*,
202 *Ploceus cucullatus* and *Cyanomitra olivacea* (from Gabon). Library preparation from blood
203 DNA samples and Illumina high-throughput sequencing using a paired-end 150 bp strategy
204 were performed at Novogene (Cambridge, UK). Raw reads were cleaned using FastP (vers.
205 0.20.0; Chen et al. 2018). Genomes assemblies were performed using SOAPdenovo (vers.
206 2.04) and Gapcloser (v1.10) (Luo et al. 2012) with parameters “-d 1 -D 2” and a kmers size of
207 33. Protein annotation was performed by homology detection using genBlastG (She et al.
208 2011; <http://genome.sfu.ca/genblast/download.html>) and the transcriptome of the collared
209 flycatcher (*Ficedula albicollis*; assembly FicAlb1.5; Ellegren et al. 2012) as reference.

210 *Capture data processing*

211 Reads from targeted-capture sequencing were cleaned with FastP (vers. 0.20.0; Chen et al.
212 2018). Reads of each individual were mapped respectively to the nearest available reference
213 genomes using bwa mem (vers. 0.7.17; (Li 2013); Table 1), with default parameters. Samtools
214 (vers. 1.3.1; Li et al. 2009) and Picard (vers. 1.4.2; Picard Toolkit 2019) were used to convert
215 the mapping files, order and index reads according to their position on the chromosomes (or
216 scaffolds) of the reference genomes or on the draft genomes generated in this study for
217 *Ploceus*, *Cyanomitra* and *Turdus*. Duplicate reads were marked using MarkDuplicates (vers.
218 1.140; Picard Toolkit 2019). SNP calling was performed with Freebayes (vers. 1.3.1; Garrison
219 and Marth 2012). Freebayes output file (VCF file) was converted to a fasta file by filtering out
220 sites with a minimum quality of 40 and a sequencing depth between 10 and 1000X (sites
221 outside these thresholds were treated as missing data, i.e., ‘N’). CDS were then extracted
222 from the alignments using the coordinates of the annotations (gff files). CDS were aligned
223 using MACSE (vers. 2.03; Ranwez et al. 2011) to prevent frameshift mutation errors and GNU-
224 parallel (Tange 2018) was used to parallelise the computation.

225 *Selection and identification of immune and control genes*

226 We defined several groups of immune genes to compare with the control genes. The control
227 group consisted of 97 protein-coding genes randomly selected in the genome of *Zosterops*
228 *borbonicus* (Leroy et al. 2019). These control genes allowed the estimation of the average
229 selection pressure that a gene, not involved in the immune response, undergoes in the
230 genome. These genes are single copy (absence of paralogue) and have a variable GC content
231 representative of the whole transcriptome.

232 For the immune genes, we selected three sets of genes from i) a limited set of genes (Core
233 Group) where functions are unambiguously related to immunity, and ii) two larger sets of
234 genes (Database-group & Sma3s-group), obtained through an automatic annotation pipeline.

235 The Core Group included MHC class I and class II genes, 10 Toll-Like Receptors (TLRs;
236 Velová et al. 2018) and 9 Beta Defensins (BD; Chapman et al. 2016). The Database group
237 included genes identified by Immunome Knowledge Base (Ortutay and Vihinen 2009,
238 <http://structure.bmc.lu.se/idbase/IKB/>; last access 04/02/2020) and InnateDB (Breuer et al.
239 2013, <http://www.innatedb.com> ; last access 04/02/2020). We also added a set of genes for
240 which the genetic ontology indicated a role in immune functions. To do so, we used the chicken
241 (*Gallus gallus*) annotation (assembly GRCg6a downloaded from Ensembl database in March
242 2020; <https://www.ensembl.org/>). We identified genes with the terms "immun*" or "pathogen*"
243 in their Gene Ontology identifiers description (directory obtained from
244 <http://geneontology.org/>). This set included 2605 genes considered to be involved in immunity,
245 although some may be only indirectly involved in immunity or have a small impact on immune
246 functions. Finally, the third set of genes (Sma3s-group) has been built up through the Sma3s-
247 group program (vers. 2; Munoz-Mérida et al. 2014). This program annotated sequences in
248 order to be associated with biological functions through gene ontology identifiers. The
249 annotation of the genome of *F. albicollis* allowed us to identify 3136 genes associated with the
250 genetic ontology "immune system processes". Like for the Database group, this set may
251 include genes with various functions in the immune response. It should be noted that Sma3s-
252 group and Database-group are not mutually exclusive, and some genes are present in both
253 groups. An analysis was performed to identify and exclude genes under balancing selection
254 from Database-group and Sma3s-group sets, due to the potentially antagonistic responses of
255 these genes (see Detection of genes under balancing selection in Supplementary Methods).

256

257 **Data Analysis**

258 *Use of control genes and simulation*

259 We assumed that control genes mostly evolve under purifying selection since balancing
260 selection is generally rare (Andrés et al. 2009; Fijarczyk and Babik 2015). Therefore, the
261 control gene set should provide a good estimation of the impact of genetic drift due to island
262 colonization and the effects of smaller population size of species on islands compared to the
263 mainland species (Leroy et al. 2021). However, MHC genes are known to evolve under
264 balancing selection (Hughes and Nei 1988; Takahata and Nei 1990; Apanius et al. 1997). In
265 the absence of a control gene set evolving under balancing selection, we used simulations to

266 estimate the impact of demographic changes on polymorphism patterns under this selection
267 regime. SLiM (vers. 3.3.2; Haller and Messer 2017) was used to simulate two populations of
268 270,000 and 110,000 individuals representing mainland and island effective population size
269 respectively. These sizes correspond to the mean population sizes estimated from our
270 polymorphism data set (see Supplementary Methods). All the details of the simulation
271 parameters, calculations of non-synonymous polymorphism rate (PN) and synonymous
272 polymorphism rate (PS) of simulated sequences, as well as SLiM command lines are provided
273 in Supplementary Methods (Simulation of control genes under balancing selection).

274 *Polymorphism analyses*

275 Synonymous (Ps) and non-synonymous (Pn) nucleotide diversity were estimated from
276 seq_stat_coding written from the Bio++ library (Available as Supplementary data; Guéguen et
277 al. 2013). The mean Pn/Ps was computed as the sum of Pn over the sum of Ps (Wolf et al.
278 2009). Ps of concatenated sequences of control genes were estimated for each species of our
279 dataset. For the whole-genome sequence species, we compared the Pn/Ps and Ps estimated
280 obtained using the 97 control genes with the values from Leroy et al., (2021; ~5000 genes
281 used in their study). Pn/Ps and Ps correlations showed a R² of 0.6 and 0.95 respectively
282 (Figure S2). Thus, the 97 control genes used in our study were representative of a larger set.
283 This allowed us to identify *Phylloscopus trochilus* as an outlier. Unlike for all other species
284 (e.g. *Fringilla coelebs*, Figure S3), synonymous polymorphism level was very dependent on
285 the number of missing data tolerated in *P. trochilus* alignments (Figure S3). As such, we
286 excluded *P. trochilus* from further analysis.

287 The mean Pn/Ps, calculated from the concatenated sequences of genes from the same gene
288 class (control genes; BD; TLR; MHC I; MHC II; Database-group; Sma3s-group), was
289 estimated for each bird species. Alternative transcripts were identified based on the genomic
290 position in the GFF file. If several transcripts were available, one transcript was randomly
291 selected. Pn/Ps estimates based on less than four polymorphic sites were excluded from the
292 analysis, as were those with no polymorphic non-synonymous sites.

293 *Statistical analyses*

294 To estimate the impact of demographic history on genome-wide polymorphism of island
295 species and the potentially reduced constraints on their immunity genes, we computed the
296 ratio of non-synonymous genetic diversity over synonymous genetic diversity (Pn/Ps). We
297 distinguished the part due to the island or mainland origin of species from the one due to the
298 gene category (i.e., immunity versus control genes). A linear mixed model was performed,
299 using the Pn/Ps ratio as dependant variable and, as explanatory variables, the mainland or

300 insular origin of species as well as the category of genes (packages lme4 and lmerTest (Bates
301 et al. 2012; Kuznetsova et al. 2017)). In order to take into account **the phylogenetic effect**, the
302 taxonomic rank “family” was included as a random effect in the model. Five linear mixed
303 models were defined i) null model, ii) model with only the origin parameter, iii) model with only
304 the gene category parameter, iv) model using both origin and gene category parameters, and
305 finally v) model including those two parameters and the **interaction effect**. In some cases, the
306 phylogenetic effect was difficult to estimate because the number of species per family was
307 reduced to one. In that case, we chose to reduce the number of families by grouping Turdidae
308 with Muscicapidae, Nectariniidae, and Estrildidae with Ploceidae and Fringillidae within
309 Thraupidae. The results obtained with these family groupings were similar to the original model
310 (Table S1), except when stated. The categories Database-group and Sma3s-group were
311 tested separately from the Core group because they contained hundreds of genes annotated
312 using the automatic pipeline that were only available for species with genome wide data.
313 Database-group and Sma3s-group were not analysed simultaneously because they contained
314 a partially overlapping set of genes. Finally, genes evolving under purifying selection and
315 genes evolving under balancing selection were also analysed separately. Model selection was
316 based on two methods. First, we use the difference in corrected Akaike Information Criterion
317 ($\Delta AICc$) calculated using the qpcR package (Spiess and Spiess 2018). Second, a model
318 simplification using an ANOVA between models was also performed.

319 We also tested an alternative model using the difference between Pn/Ps of immunity genes
320 and control genes ($\Delta Pn/Ps$) as dependent variable, and species origin as explanatory variable.
321 Under the hypothesis of a relaxation in selection pressure on islands due to a change in the
322 parasite community, we expect the $\Delta Pn/Ps$ to be higher on island species compared to the
323 mainland ones and, therefore, the species origin (i.e., mainland or island) to be significant. In
324 this model, we used the Phylogenetic Generalized Least Squares model (PGLS; implemented
325 in the “nlme” packages; Pinheiro et al. 2017). This model assumes that the covariance
326 between species follows a Brownian motion evolution process along the phylogeny
327 (implemented using the “corBrownian” function from the “ape” package; Paradis and Schliep
328 2019). The species phylogeny was estimated using mitochondrial genes and a maximum
329 likelihood inference implemented in IQTREE (model GTR+Gamma and ultrafast bootstrap;
330 Nguyen et al. 2014; median of 11,134 bp analysed per species). The phylogeny with the
331 bootstrap support is provided as supplementary material.

332 All the statistical analyses were performed using R (R core team 2018), and dplyr package
333 (Wickham 2016). Graphical representations were done using ggplot2, ggrepel, ggpubr and
334 ggpmisc (Kassambara 2018; Slowikowski et al. 2018; Wickham et al. 2019; Aphalo 2020).

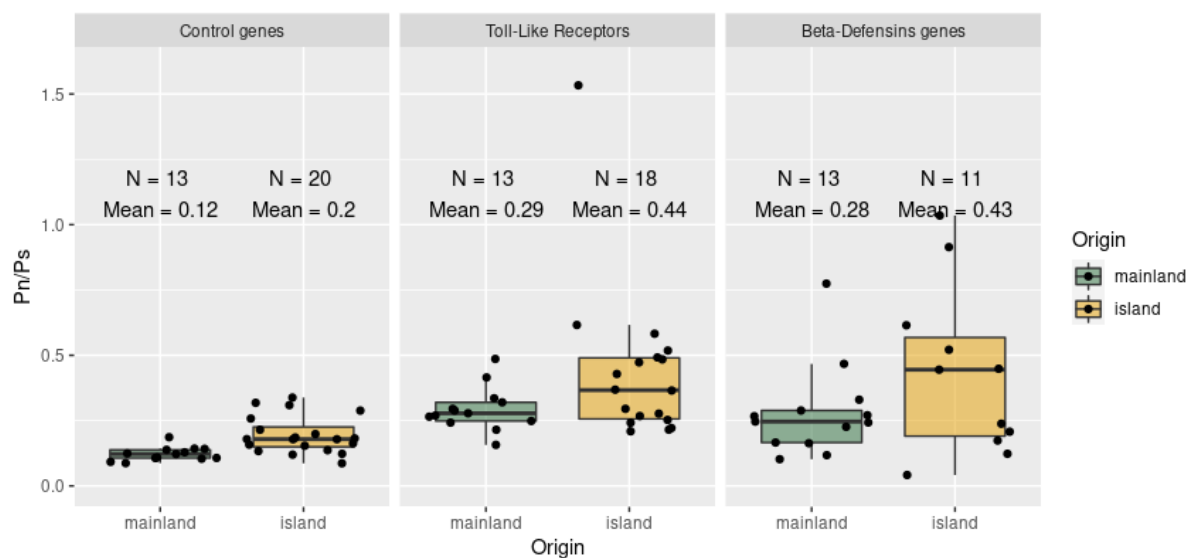
335

336 Results

337 For the ten species (N = 150) for which we generated new data by targeted capture
338 sequencing, an average of 3.3 millions paired-ends reads per individual was generated (Table
339 S1). After mapping, genotyping and cleaning, we analysed 112.5 control and 16.4 immunity
340 genes on average per species, out of the 141 targeted genes (120 control and 21 immunity
341 related genes; Table S3). For the species with whole-genome sequences, we analysed 133
342 control and 20 immunity genes on average per species, out of the 141 targeted genes, and
343 904 and 785 genes on average in the Database-group and Sma3s-group respectively (Table
344 S4).

345 *Immunity genes evolving under purifying selection*

346 We first focused on a restricted set of genes unambiguously involved in immunity function,
347 namely the BD and TLR genes. At control genes, insular species had, on average, higher
348 Pn/Ps ratios than the mainland ones (0.12 and 0.2 respectively).



349

350 **Figure 3:** Boxplot of Pn/Ps according to species origin (mainland in green and insular in
351 orange) for different gene categories under purifying selection. The number of species (N),
352 and the mean Pn/Ps are shown for each modality.

353 Model selection based on AICc identified two models as similarly performant at explaining
354 variation in Pn/Ps across species ($\Delta AICc < 2$; Table 2). The first one only includes the gene
355 category. The second one includes the origin (i.e., mainland or island) and gene category
356 without interaction (Table 2). A model selection approach based on simplification with ANOVA
357 identified the latter as the best (Table 2, $p < 0.05$). In this model, island origin of species is

358 associated with a greater Pn/Ps (0.12 vs. 0.09; Table 3; $p < 0.01$). Gene categories
 359 corresponding to TLRs and BDs showed a significantly higher Pn/Ps than control genes (Table
 360 3; $p < 0.001$). In all cases, the best models have no interaction between origin and gene
 361 categories invalidating the hypothesis of a reduced parasite communities on island (Figure 2).

362 Table 2: Statistical model explaining Pn/Ps variation of Toll-Like Receptors, Beta-Defensins
 363 genes, and control genes. The p-values of ANOVA test between simpler models are not
 364 reported if a more complex model is significant.

Model	Model selection by AIC			ANOVA test			
	AICc	Δ AICc	Likelihood	Model 1	2	3	4
Pn/Ps~ 1+ category +origin+ category *origin	-1.93	8.95	0.01		0.69		
Pn/Ps~ 1+ category +origin	-10.87	0.00	1.00			0.05	1.73E-04
Pn/Ps~1+ category	-10.82	0.05	0.97				
Pn/Ps~1+ origin	-2.29	8.58	0.01				
Pn/Ps~1	-3.79	7.09	0.03				

365

366 Table 3: Summary of the best statistical model selected using AICc explaining variation in
 367 Pn/Ps in control genes, Toll-Like receptors and Beta-Defensins genes under purifying
 368 selection with origin, gene category parameters. * indicates significances : * < 0.05 ; ** < 0.01 ;
 369 *** < 0.001 .

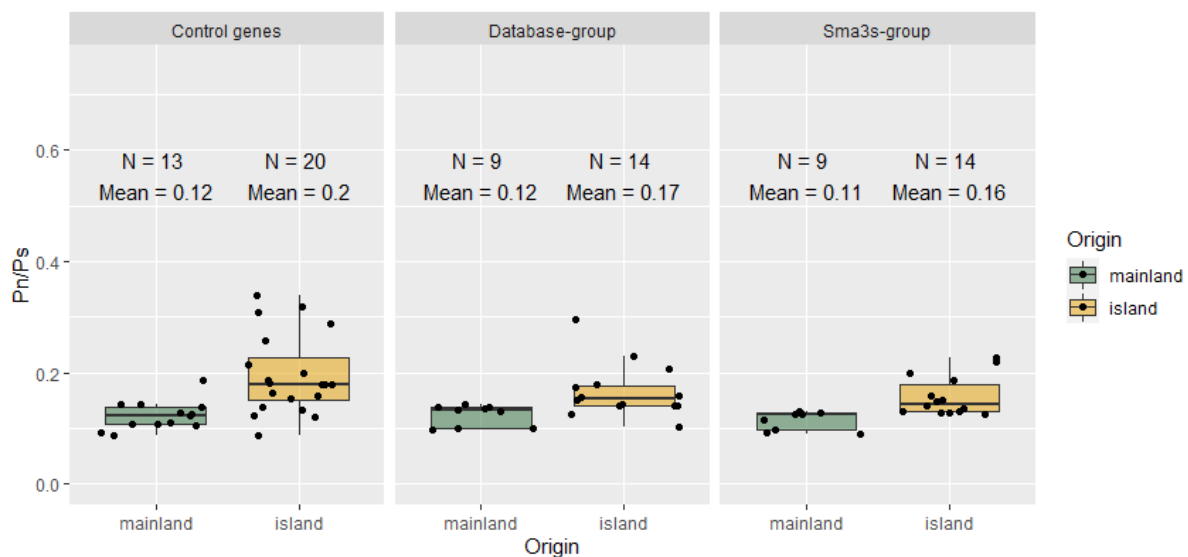
Model	Parameters		Estimate	P.value	
	Origin	Category			
Origin and Gene category	Intercept	mainland	0.09	2.91E-02	*
		island	0.12	5.97E-03	**
		Toll-Like Receptors	0.21	3.77E-05	***
		Beta-Defensins genes	0.20	2.44E-04	***
Gene category	Intercept	Control genes	0.16	4.34E-04	***
		Toll-Like Receptors	0.21	5.95E-05	***
		Beta-Defensins genes	0.19	4.53E-04	***

370

371 For larger sets of genes, identified using an automatic pipeline and gene annotation, the model
 372 including only origin was identified as the best model explaining Pn/Ps (model selection based
 373 on AICc and simplification with ANOVA; Table S5, S7). Island was associated with a higher
 374 Pn/Ps of 0.05 ($p < 0.001$; Table S6, S8, Figure 4). For genes of the Sma3s-group, the category

375 parameter was also identified by simplification with ANOVA, associated with a reduction of the
376 Pn/Ps of about 0.02 compared to control genes ($p < 0.05$; Table S9).

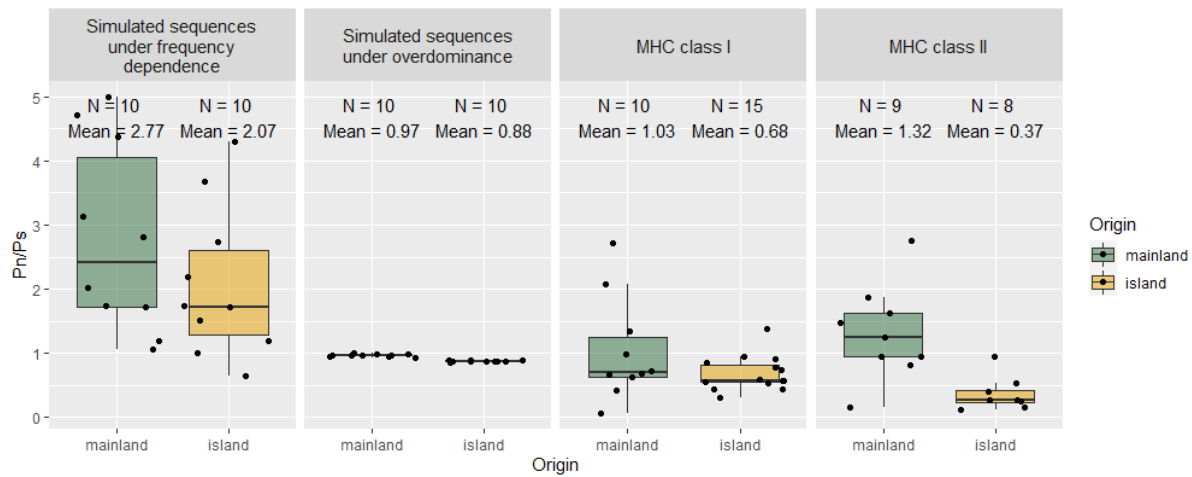
377 The alternative statistical approach using the difference between Pn/Ps of immunity genes
378 and control genes (Δ Pn/Ps) as dependent variable, and species origin as explanatory variable
379 under a PGLS framework lead to similar results. Island was never associated to a statistically
380 higher Δ Pn/Ps (table S2) providing no support for an increased relaxed selection of immune
381 genes in island species.



382
383 **Figure 4:** Boxplot of Pn/Ps according to species origin (mainland in green and insular in
384 orange) for different gene categories under purifying selection. The number of individuals (N),
385 and the mean Pn/Ps are shown for each modality.

386 *Genes under balancing selection*

387 First, we estimated the effect of population size variation on the Pn/Ps of the genes evolving
388 under balancing selection by simulating sequences under frequency dependent or
389 overdominance selection using SLiM (see Methods and Supplementary Methods). The
390 simulation under frequency dependence selection revealed an average Pn/Ps equal to 2.07
391 for island species and 2.77 for mainland species (Figure 5). Under overdominance, simulated
392 sequences from island and mainland populations respectively have an average Pn/Ps equal
393 to 0.88 and 0.97, but the variance between simulated species was very small (Figure 5).



394

395 **Figure 5:** Boxplot of Pn/Ps according to species origin (mainland in green and insular in
 396 orange) for different gene categories under balancing selection. The number of species (N),
 397 and the mean Pn/Ps are shown for each modality. The control groups correspond to the results
 398 obtained from simulated sequence via SLiM (see Methods and Supplementary Methods
 399 Simulation of control genes under balancing selection).

400 Using simulations under frequency dependence selection, model selection identifies the two
 401 models as equivalent, first the model with origin and category parameters and the full model
 402 (Table 4). However, the full model is not significantly different from the model with origin and
 403 category using the method by simplification with ANOVA (Table 4).

404 Using simulations under the overdominance, model selection identifies the model with origin
 405 as the best, contrary to the method by simplification with ANOVA which identified the full model
 406 therefore including significant interaction between origin and genes category (Table 4). This
 407 interaction effect is significant for the MHC II ($p < 0.01$, Table S12) but not for MHC I. As
 408 expected, island species have a significantly lower Pn/Ps in MHC genes compared to
 409 mainland species ($p < 0.5$; except for the full model based on control genes evolving under
 410 overdominance Table S12).

411 **Table 4:** Statistical model explaining Pn/Ps variation of genes under balancing selection (i.e
 412 MHC class I and II), and simulated sequences under i) frequency dependence or ii)
 413 overdominance. The p.values of ANOVA test between simpler models are not reported if a
 414 more complex model is significant.

Model	Model selection by AIC			ANOVA test			
	AICc	Δ AICc	Likelihood	1	2	3	4
Frequency dependence							
Pn/Ps~1+ category							
+origin+ category	164.96	1.23	0.54		0.26		
*origin							

	Pn/Ps~1+ category	163.73	0.00	1.00	1.09E-02	4.28E-03
	+origin					
	Pn/Ps~1+ category	166.72	3.00	0.22		
	Pn/Ps~1+ origin	168.75	5.02	0.08		
	Pn/Ps~1	171.37	7.64	0.02		
	Pn/Ps~1+ category					
	+origin+ category	100.90	5.48	0.06	0.01	
	*origin					
Overdominance	Pn/Ps~1+ category	103.37	7.96	0.02		
	+origin					
	Pn/Ps~1+ category	107.30	11.89	0.00		
	Pn/Ps~1+ origin	95.42	0.00	1.00		
	Pn/Ps~1	99.68	4.27	0.12		

415

416

417 Discussion

418 On oceanic islands, the depauperate parasite community is expected to lead to a relaxation
 419 of selection on the immune system. In this study, we found support for such an effect, but only
 420 on MHC class II genes and under a specific simulation model (i.e., overdominance), which
 421 evolves under balancing selection. No effect was detected for MHC class I genes nor for innate
 422 immunity genes (TLRs and BDs), evolving under purifying selection. On these gene sets,
 423 increased drift effects on island populations limit the efficacy of selection in accordance with
 424 the nearly-neutral theory (Ohta 1992). The ability to distinguish between the selective and
 425 nearly-neutral processes (relaxed selection due to environmental change vs. drift) could only
 426 be achieved by our approach of using random genes (i.e., “control genes”) to estimate the
 427 genome-wide effect of potential variation in effective population size between populations.

428 *Effects of effective population size variation*

429 Our results support the nearly-neutral theory of evolution for those genes under purifying
 430 selection, whereby strong genetic drift acting on small island populations reduces the efficacy
 431 of natural selection, leading to an increase in non-synonymous nucleotide diversity compared
 432 to the mostly neutral, synonymous nucleotide diversity (i.e., Pn/Ps) (Ohta 1992). This is
 433 materialized by a genome-wide increase in frequency of weakly deleterious mutations (Loire
 434 et al. 2013; Robinson et al. 2016; Rogers and Slatkin 2017; Kutschera et al. 2020; Leroy et al.
 435 2021).

436 For genes evolving under balancing selection, we performed simulations under the
437 hypotheses of overdominance (heterozygote advantage) or frequency dependence (rare-
438 allele advantage). Our results showed reduced Pn/Ps for smaller population size (Figure 5,
439 S4, S5). This simulation confirmed our expectations (fig. 5) that a reduction in the efficacy of
440 selection results in a decrease in the frequency of non-synonymous polymorphism, as, under
441 normal circumstances, selection maintains those mutations at intermediate frequencies. It also
442 matches what we obtained in the empirical results, where both MHC classes I and II had a
443 reduced Pn/Ps in island birds. This result supports that the fitness effect of having non-
444 synonymous polymorphisms segregating at high frequencies is not strong enough to
445 counteract entirely the effect of genetic drift on islands, therefore extending the nearly-neutral
446 theory to the overdominance type of selection.

447

448 *Effects of selection on immunity genes*

449 For immune genes under purifying selection, no effect was detected on insular species,
450 beyond what could be attributed to genetic drift. This is in line with the result of Gonzalez-
451 Quevedo et al. (2015b) and Grueber et al. (2013) who found that TLR genetic diversity was
452 mostly influenced by genetic drift. At first sight, this result seems not in line with the fact that
453 island parasite communities are less diverse (Beadell et al. 2006; Maria et al. 2009; Pérez-
454 Rodríguez et al. 2013; Loiseau et al. 2017 but see Illera et al. 2015). However, a reduced
455 pathogens number has also been found to be associated with a higher prevalence in birds
456 and reptiles from the Macaronesian archipelago (Illera Cobo and Perera 2020). Therefore,
457 these two patterns, i.e. a less diverse pathogen's community on islands with a higher
458 prevalence, could still imply a strong selection pressure on immune genes.

459 In contrast, for immune genes evolving under balancing selection, MHC class II genes
460 presented a reduction in non-synonymous polymorphism larger than the effects of drift alone,
461 when simulated sequences under overdominance are used as control. This was the only case
462 where a role for relaxed selection pressures in the molecular evolution of immune genes could
463 be invoked.

464 Our results are in accordance with the hypothesis of Lee (2006), which proposes that innate
465 and acquired immunity may exhibit distinct responses to changes in pressures due to different
466 costs and benefits. However, our result contrasts with the study of Santonastaso et al. (2017)
467 that identified no change in selection pressures on MHC II genes in a lizard species,
468 concluding that their evolution was mostly governed by drift. Similarly, Agudo et al. (2011)

469 found also a prominent role for genetic drift over selection in the evolution of MHC II genes in
470 the Egyptian vulture (*Neophron percnopterus*).

471 Our results rely on simulations that may be affected by the choice of the parameter values.
472 First, we performed simulations using a fixed effective population size (N_e) estimated from the
473 polymorphism data. Using others values of N_e had a weak impact on the relative difference
474 between island and mainland species for the overdominance type of selection, but had a more
475 noticeable impact for the frequency dependent type of selection (Figure S4, S5). Secondly,
476 we simulated two types of selection, namely overdominance (Doherty and Zinkernagel 1975)
477 and frequency dependence (Slade and McCallum 1992), but it has been argued that the
478 maintenance of MHC polymorphism could be the result of fluctuating selection (Hill 1991).
479 Additionally, recombination and gene conversion has also been put forward as a mechanism
480 responsible for generating diversity (Spurgin et al. 2011). Therefore, our results for the MHC
481 II, which is based on the relative difference between P_n/P_s of island and mainland species
482 comparing empirical and simulated data, should be taken cautiously as their significance can
483 be dependent on the specific parameters that we used, although we did our best to select a
484 realistic range of parameters.

485 The observed difference between MHC class I and II could be explained by their different
486 pathogen targets: MHC class I genes are primarily involved in the recognition intracellular
487 pathogens (Kappes and Strominger 1988), while MHC class II genes are directly involved in
488 the recognition of extracellular pathogens (Bjorkman and Parham 1990). These differences
489 could lead to variable selection pressures depending on the extracellular versus intracellular
490 parasite communities present on islands. In addition, the relaxed selection pressures on MHC
491 II genes from adaptive immunity is in line with a reduction in acquired immunity parameters
492 observed by Lobato et al. (2017) that used partly the same sets of species.

493 As a perspective of our work, we should mention that there is an extensive variation in the
494 number of MHC gene copies across the avian phylogeny (Minias et al. 2019; O'Connor et al.
495 2020). Particularly, it was recently discovered that Passerines have a very dynamic evolution
496 of duplication/loss events compared to other birds (Minias et al. 2019). Here, we used the two
497 copies of MHC gene I and II currently annotated in the collared flycatcher genome as target
498 sequences for our targeted-capture sequencing. The recent improvement of genome
499 assembly, thanks to the development of long-reads technology (Peona et al. 2018; Peona et
500 al. 2021), will certainly help to precisely annotate all MHC copies and to study the whole
501 repertoire of MHC genes.

502 *Consequences of drift effect and selection on immunity*

503 The potential relaxation of the natural selection acting on immune genes in island species is
504 expected to reduce immune functions and increase susceptibility of island populations to
505 pathogens. This is true even if this relaxation is only the consequence of a reduction in the
506 effective population size and not caused by a reduction of the pressure exerted by the parasitic
507 community. This is in line with the results of Hawley et al. (2005) and Belasen et al. (2019)
508 who showed that a decrease in diversity of immune loci (MHC II or through immune proxy)
509 was associated with a reduction in immune functions. It should be noted that even if migration
510 rate is reduced on islands, sedentary and endemic island species are not completely free from
511 the exposure of exogen pathogens through migratory birds (Levin et al. 2013).

512 As a final remark, we would like to stress that more research is still needed (i) to ascertain
513 both selection pressures on innate and adaptive immune responses and the load of
514 deleterious mutations due to drift, also identified by an increasing body of work (Loire et al.
515 2013; Robinson et al. 2016; Rogers and Slatkin 2017; Kutschera et al. 2020; Leroy et al. 2021),
516 and (ii) to describe island parasite communities. To date, most of the studies investigated
517 intracellular parasite communities on islands, and more specifically haemosporidian parasites,
518 avian pox and coccidian parasites (Illera et al. 2008; Ishtiaq et al. 2010; Cornuault et al. 2012;
519 Silva-Iturriza et al. 2012; Pérez-Rodríguez et al. 2013; Illera et al. 2015; Martinez et al. 2015;
520 Loiseau et al. 2017; Padilla et al. 2017), whereas very few evaluated the extracellular parasite
521 diversity, such as helminths (Nieberding et al. 2006) but see the review of Illera Cobo and
522 Perera (2020) for reptiles. Metabarcoding of parasites is a new technique to evaluate at the
523 same time both communities of intracellular and extracellular parasites (Bourret et al. 2021)
524 and might be therefore a promising approach to evaluate their communities in island and
525 mainland populations.

526 *Conclusion*

527 Our comparative population genomics study has investigated the combined effects of drift and
528 selection on immunity genes from island and mainland passerines. The study of synonymous
529 and non-synonymous polymorphism of these genes confirmed that island species, with
530 smaller population sizes than their mainland counterparts, were more impacted by drift, which
531 induces a load of weakly deleterious mutations in their genome. Indeed most of the genes
532 studied here involved in the immune response do not show a statistically different pattern from
533 control genes. Only MHC II genes, involved in the recognition of extracellular pathogens,
534 showed a reduction in their non-synonymous polymorphism in island species. This response,
535 which may be attributed to reduced selection pressures on these genes, could be associated
536 with the suspected reduced parasitic communities on islands. The increased load of
537 deleterious mutations as well as the potential relaxed selection pressures on MHC II support

538 the reduced immune functions of island species, which could be added to the list of other
539 convergent responses of the island syndrome.

540 *Data availability*

541 Datasets, scripts, supplementary figures and texts are available on figshare :
542 <https://figshare.com/s/ab7004cc2f4415b4058f>. The reads newly generated for this study have
543 been deposited in the NCBI Sequence Read Archive under the bioproject PRJNA724656.

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567

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